



**GOKUL  
GLOBAL  
UNIVERSITY**

Approved By Govt. of Gujarat  
(Recognized by UGC under Section 22 & 2(f) of 1956)  
(Gujarat Private State University Act 4 of 2018)

# COURSE STRUCTURE

## Bachelor of Physiotherapy



FACULTY OF PARAMEDICAL  
**GOKUL PHYSIOTHERAPY COLLEGE**



University Campus, State Highway-41, Siddhpur - 384151, Dist. Patan, Gujarat, INDIA  
E: dean.fac.pharmacy@gokuluniversity.ac.in W: www.gokuluniversity.ac.in M: +91 79840 85822



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**PROGRAMME OUTCOME**

**(BPT)**

After successful completion of the program, an individual will be able to:

**PO1 KNOWLEDGE:** Apply the concepts of Anatomy, physiology and kinesiology in professional Physiotherapy Practice and select various exercise therapies and Electrotherapeutic techniques for prevention and Treatment of various conditions

**PO2 LEARNING SKILLS:** Reflect knowledge on assessment planning, implementation in physiotherapy practice requiring for individual rehabilitation.

**PO3 PROFESSIONAL ETHICS:** Achieve moral principles and values that out to guide the professionalism, ethics, and integrity in their interaction with patients, colleagues, and the community.

**PO4 ANALYTIC SKILLS:** Critically evaluate research literature, apply evidence- based practices, and contribute to the advancement of physiotherapy through research.

**PO5 SOCIAL AWARENESS:** Demonstrate the impact of physiotherapy knowledge on the society by participate in interdisciplinary collaboration, effectively contributing to a patient-centered approach to healthcare.

**PO6 LIFE LONG LEARNING:** Demonstrate a commitment to professional growth and lifelong learning to promote absorption and adoption of new knowledge and tools.



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## **PROGRAMMESPECIFICOUTCOME**

### **(BPT)**

- 1.** Work effectively in various inter professional collaborative settings like hospitals, Rehabilitation Centers, Special Schools, Educational Institutions, Health and Fitness Centers, Geriatric Centers, Ergonomic Consultant in Corporate Sectors, Private Consultation, Home Care Services, Industrial Sectors, Sports Management, Fitness Consultant
- 2.** Promote health education and improved quality of life through the practice of the profession.



**FACULTY OF PARAMEDICAL**  
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## YEAR WISE DISTRIBUTION OF HOURS AND CREDITS

### First Year

#### HUMAN ANATOMY (FPB110101)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 125                    | 175       | 300   | 80                       | 20                    | 80                    | 20                    | 100         | 100       |

#### HUMAN PHYSIOLOGY (FPB110102)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 150                    | 150       | 300   | 55                       | 15                    | 80                    | 20                    | 70          | 100       |

#### BIO-CHEMISTRY

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 40                     | -         | 40    | 25                       | 5                     | -                     | -                     | 30          | -         |





## PSYCHOLOGY (FPB110103)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 70                     | -         | 70    | 40                       | 10                    | -                     | -                     | 50          | -         |

## SOCIOLOGY

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 70                     | -         | 70    | 40                       | 10                    | -                     | -                     | 50          | -         |

## EXERCISE THERAPY I & SOFT TISSUE MANIPULATION (FPB110104)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 150                    | 150       | 300   | 80                       | 20                    | 80                    | 20                    | 100         | 100       |



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## BIOMEDICAL PHYSICS (FPB110105)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 100                    | 50        | 150   | 40                       | 10                    | -                     | -                     | 50          | -         |

## PROFESSIONAL PRACTICE & ETHICS (FPB110106)

(Not for University Exam)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 20                     | -         | 20    | -                        | -                     | -                     | -                     | -           | -         |

## COMPUTER APPLICATIONS (FPB110107)

(Not for University Exam)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 40                     | -         | 40    | -                        | -                     | -                     | -                     | -           | -         |



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## ENGLISH (FPB110108)

(Not for University Exam)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 50                     | -         | 50    | -                        | -                     | -                     | -                     | -           | -         |

## ENVIRONMENTAL SCIENCES (FPB110109)

(Not for University Exam)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 50                     | -         | 50    | -                        | -                     | -                     | -                     | -           | -         |



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## Second Year PATHOLOGY (FPB120101)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 70                     | -         | 70    | 40                       | 10                    | -                     | -                     | 50          | -         |

## MICROBIOLOGY

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 70                     | -         | 70    | 40                       | 10                    | -                     | -                     | 50          | -         |

## PHARMACOLOGY(FPB120102)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 70                     | -         | 70    | 40                       | 10                    | -                     | -                     | 50          | -         |







### EXERCISE THERAPY-II (FPB120103)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 160                    | 150       | 310   | 80                       | 20                    | 80                    | 20                    | 100         | 100       |

### KINESIOLOGY(FPB120104)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 90                     | -         | 90    | 40                       | 10                    | -                     | -                     | 50          | -         |

### PSYCHIATRY (FPB120105)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 70                     | -         | 70    | 40                       | 10                    | -                     | -                     | 50          | -         |





## ELECTROTHERAPY (FPB120106)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 160                    | 150       | 310   | 80                       | 20                    | 80                    | 20                    | 100         | 100       |

## MISCELLANEOUS MEDICINES (FPB120107)

### 1.1 RADIOLOGY

(Not for University Exam)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 10                     | -         | -     | -                        | -                     | -                     | -                     | -           | -         |

### 1.2 ENT

(Not for University Exam)

| Teaching Scheme (Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|-------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                 | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                         |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 10                      | -         | -     | -                        | -                     | -                     | -                     | -           | -         |





### 1.3 OPHTHALMOLOGY (Not for University Exam)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 10                     | -         | -     | -                        | -                     | -                     | -                     | -           | -         |

### ALLIED THERAPEUTICS (FPB120108) (Not for University Exam)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 40                     | -         | -     | -                        | -                     | -                     | -                     | -           | -         |

### RECENT TRENDS (FPB120109)

(Not for University Exam)

#### 1.4 PROFESSIONAL PRACTICE & ETHICS

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 10                     | -         | -     | -                        | -                     | -                     | -                     | -           | -         |





## Third Year

### MEDICINE-I (FPB130101)

#### GENERAL MEDICINE

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory(T)                |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 80                     | -         | 80    | 55                       | 15                    | -                     | -                     | 70          | -         |

### SKIN&V.D. (DERMATOLOGY)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory(T)                |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 30                     | -         | 30    | 25                       | 5                     | -                     | -                     | 30          | -         |

### MEDICINE-II(FPB130102)

#### NEUROLOGY

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory(T)                |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 70                     | -         | 70    | 55                       | 15                    | -                     | -                     | 70          | -         |





## PAEDIATRICS

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory(T)                |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 50                     | -         | 50    | 25                       | 5                     | -                     | -                     | 30          | -         |

## SURGERY (FPB130103)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory(T)                |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 50                     | -         | 50    | 55                       | 15                    | -                     | -                     | 70          | -         |

## OBSTETRICS AND GYNECOLOGY

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory(T)                |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 40                     | -         | 40    | 25                       | 5                     | -                     | -                     | 30          | -         |



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## PHYSICAL & FUNCTIONALDIAGNOSIS(FPB130104)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory(T)                |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 120                    | 100       | 220   | 80                       | 20                    | 80                    | 20                    | 100         | 100       |

## ORTHOPADICS (FPB130105)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory(T)                |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 120                    | -         | 120   | 80                       | 20                    | -                     | -                     | 100         | -         |

### 1.1 ORTHOPADICS(NON-TRAUMATIC)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory(T)                |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 120                    | -         | 120   | 80                       | 20                    | -                     | -                     | 100         | -         |





## PREVENTIVE & SOCIALMEDICINE (FPB130106)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory (T)               |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 70                     | -         | 70    | 40                       | 10                    | -                     | -                     | 50          | -         |

## RECENTTRENDS(FPB130106)

| Teaching Scheme(Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                | Practical | Total | Theory(T)                |                       | Practical(P)          |                       | Total Marks |           |
|                        |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 40                     | -         | 40    | -                        | -                     | -                     | -                     | -           | -         |







## Fourth Year

### PHYSIOTHERAPY IN NEUROLOGICAL CONDITIONS (FPB140101)

| Teaching Scheme (Hours) |           |       | Evaluation Scheme (Marks) |                       |                       |                       |             |           |
|-------------------------|-----------|-------|---------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                 | Practical | Total | Theory (T)                |                       | Practical (P)         |                       | Total Marks |           |
|                         |           |       | University Assessment     | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 120                     | 20        | 140   | 80                        | 20                    | 80                    | 20                    | 100         | 100       |

### PHYSIOTHERAPY IN MUSCULO-SKELETAL CONDITIONS (FPB140102)

| Teaching Scheme (Hours) |           |       | Evaluation Scheme (Marks) |                       |                       |                       |             |           |
|-------------------------|-----------|-------|---------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                 | Practical | Total | Theory (T)                |                       | Practical (P)         |                       | Total Marks |           |
|                         |           |       | University Assessment     | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 120                     | 20        | 140   | 80                        | 20                    | 80                    | 20                    | 100         | 100       |





## PHYSIOTHERAPY IN CARDIO RESPIRATORY & MEDICAL SURGICAL CONDITIONS(FPB140103)

| Teaching Scheme (Hours) |           |       | Evaluation Scheme(Marks) |                       |                       |                       |             |           |
|-------------------------|-----------|-------|--------------------------|-----------------------|-----------------------|-----------------------|-------------|-----------|
| Lecture                 | Practical | Total | Theory(T)                |                       | Practical (P)         |                       | Total Marks |           |
|                         |           |       | University Assessment    | Continuous Assessment | University Assessment | Continuous Assessment | Theory      | Practical |
| 100                     | 20        | 120   | 80<br>(55+25)            | 20<br>(15+5)          | 80                    | 20                    | 100         | 100       |





## COMMUNITYPHYSIOTHERAPY REHABILITATIONAND ASSISTIVE TECHNOLOGIES(FPB140104)

| Teaching Scheme<br>(Hours) |           |       | Evaluation Scheme(Marks) |                          |                          |                          |             |           |
|----------------------------|-----------|-------|--------------------------|--------------------------|--------------------------|--------------------------|-------------|-----------|
| Lecture                    | Practical | Total | Theory(T)                |                          | Practical (P)            |                          | Total Marks |           |
|                            |           |       | University<br>Assessment | Continuous<br>Assessment | University<br>Assessment | Continuous<br>Assessment | Theory      | Practical |
| 60+30                      | 20        | 110   | 80<br>(55+25)            | 20<br>(15+5)             | 80                       | 20                       | 100         | 100       |

## ETHICS AND MANAGEMENT (FPB140105)

| Teaching Scheme<br>(Hours) |           |       | Evaluation Scheme(Marks) |                          |                          |                          |             |           |
|----------------------------|-----------|-------|--------------------------|--------------------------|--------------------------|--------------------------|-------------|-----------|
| Lecture                    | Practical | Total | Theory(T)                |                          | Practical (P)            |                          | Total Marks |           |
|                            |           |       | University<br>Assessment | Continuous<br>Assessment | University<br>Assessment | Continuous<br>Assessment | Theory      | Practical |
| 20+20                      | -         | 40    | 40                       | 10                       | -                        | -                        | 50          | -         |

## BIO-STATISTICS&RESEARCHMETHODOLOGY (FPB140106)

| Teaching Scheme<br>(Hours) |           |       | Evaluation Scheme(Marks) |                          |                          |                          |             |           |
|----------------------------|-----------|-------|--------------------------|--------------------------|--------------------------|--------------------------|-------------|-----------|
| Lecture                    | Practical | Total | Theory(T)                |                          | Practical (P)            |                          | Total Marks |           |
|                            |           |       | University<br>Assessment | Continuous<br>Assessment | University<br>Assessment | Continuous<br>Assessment | Theory      | Practical |
| 50                         | -         | 50    | 40                       | 10                       | -                        | -                        | 50          | -         |





## COURSE CONTENTS

### FIRST YEAR B.P.T SYLLABUS

### HUMAN ANATOMY (FPB110101)

#### OBJECTIVES:

At the end of the course, the student will be able to:

- 1) Acquire the knowledge of structure of human body in general.
- 2) Understand the regional anatomy in detail
- 3) age
- 4) Understand histological features of various organs
- 5) Understand its application in medical science

#### SYLLABUS:-

##### 1. GENERAL ANATOMY

- a) Introduction & anatomical terms
- b) Skin, Superficial Fascia & deep fascia
- c) CVS, Portal system, collateral circulation & arteries
- d) Lymphatic system
- e) Osteology
- f) Myology
- g) Syndesmology (joints)
- h) Nervous system

##### 2. MYOLOGY, OSTEOLOGY AND ARTHROLOGY

- a) Fascia & muscles of scalp and face
- b) Muscles of mastication
- c) Temporomandibular joint
- d) Muscles of orbit & related nerves
- e) Superficial and lateral cervical muscle
- f) (platysma, trapezius, SCM)
- g) Anterior triangle of neck - suprahyoid & infrahyoid



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- h) Anterior and lateral vertebral muscles
- i) Cervical plexus
- j) Cranial nerve (7th & 8th)
- k) Cranial nerve (9th, 10th, 11th, 12th)
- l) Suboccipital triangle & suboccipital muscles
- m) Joints of vertebral column to cranium
- n) Muscles of thorax and movement of respiration
- o) Joints of thorax including sternochondral & chondrocostal joints
- p) Muscles of abdomen
- q) Muscles of pelvis
- r) Muscles of perineum
- s) Vertebral joint
- t) Joints of pelvis (lumbosacral, sacrococcygeal, pubic symphysis)
- u) Deep muscles of back
- v) Muscles connecting upper limb to vertebral column with regional structures
- w) Scapular muscles including regional structures
- x) Muscles of arm
- y) Axilla and brachial plexus
- z) Joints of shoulder girdle
- a) Shoulder joint
- bb) Anterior antebrachial muscles (front of forearm) with regional structures cc)
- Posterior antebrachial muscles (back of forearm) with regional structures dd)
- Elbow joint & cubital fossa
- ee) Radioulnar joint (superior, middle and inferior)
- ff) The retinacula, fascia and synovial sheath of wrist and hand gg)
- Muscles of hand
- hh) Radiocarpal/wrist joint
- ii) Other joints of hand
- jj)
- Muscles connecting lower limb to vertebral column with regional structures kk)
- Muscles of iliac region (psoas muscle) and lumbar plexus
- ll) Anterior femoral muscles (front of thigh) including regional structures





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mm)Medical femoral muscles (adductor compartment) including regional structures  
Muscles of gluteal region including regional structures



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- oo) Posterior femoral muscles (back of thigh) pp
- ) including regional structures
- qq) Hip joint
- rr)
  - Anterior crural muscles including regional structures
- ) Lateral crural muscles including regional structures
- tt)
  - Posterior crural muscles including regional structures
- u) Knee joint
- vv) Popliteal fossa
- ww) Muscles of foot
- xx)
  - Tibiofibular joint (superior, middle and inferior)
- ) Talocrural joint (ankle joint)
- zz) Joints of foot & arches







### **3. NERVOUSSYSTEM**

- a) Introductiontonervoussystem&meanings
- b) Spinalcord&peripheralnervesandvertebralcanal
- c) Brainstem-1
- d) Brainstem-2
- e) Cerebellum
- f) Diencephalonwithbasalganglia
- g) Limbicsystemwitholfactoryregion
- h) Cerebrum&functionalareas
- i) Spinaltracts &overviewofCNS –I
- j) Spinaltracts &overviewofCNS–II

### **4. RESPIRATORYSYSTEM**

### **5. DIGESTIVESYSTEM**

### **6. URINARYSYSTEM**

### **7. ENDOCRINESYSTEM**

### **8. REPRODUCTIVESYSTEM**

### **9. SPECIALSENSORYORGANSANDENSATIONS**

### **10. CARDIOVASCULARSYSTEM(Heart&Vessels)**

### **11. HISTOLOGY**

- a) Cell
- b) Epithelia
- c) Connectivetissue(general)
- d) Cartilage
- e) Bone
- f) Muscles





- g) Nerves
- h) Blood and phagocytic system
- i) Lymph and lymphatic system
- j) Blood vessels
- k) Skin and its appendages
- l) Central nervous system

## 12. General embryology

- a) Spermatogenesis
- b) Structure of spermatozoon
- c) Oogenesis
- d) Ovarian follicle
- e) Fertilization
- f) Formation of germ layers
- g) Placental development
- h) Brachial arches
- i) Development of skeletal system
- j) Development of all types of muscular system
- k) Development of locomotor system
- l) Development of nervous system

### Note:-

1. Dissection of upper limb, lower limb & trunk.
2. Identification of anterolateral abdominal wall, posterior abdominal wall & thoracic cage.
3. Anatomical position & description of all bones.
4. Surface marking in cadaver and living body.
5. Radiological examination of upper limb, lower limb & other special X-rays.
6. In BRAIN: Identification of all parts and various sections at different levels.
7. In HISTOLOGY PRACTICAL: Identification of basic tissues of body





| TopicDistributionforPaperSetting |             |
|----------------------------------|-------------|
| Section                          | TopicSr.No. |
| I(40Marks)                       | 1-6         |
| II(40Marks)                      | 7-12        |

| Course Code   | CourseName       | CourseOutcome  |
|---------------|------------------|--|
| FPB110<br>101 | HUMANA<br>NATOMY | CO1: Identify the major anatomical structures of the human body, including bones, muscles, and organs.<br>CO2: Explain the relationships between different anatomical structures and their functions in the human body systems.<br>CO3: Demonstrate anatomical structures to interpret.<br>CO4: Analyze anatomical variations and abnormalities, understanding their impact on overall health and potential diagnostic challenges. |



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## HUMANPHYSIOLOGY(FPB110102)

### **OBJECTIVES:**

At the end of the year the student will be able to:

- 1) Acquire the knowledge of functions of various systems of human body
- 2) Understand the role of hormones, enzymes, and other different types of cells of Human body.

### **SYLLABUS:-**

#### **1. General Physiology:**

- a) Cell Structure and organelle.
- b) General Principles of Biophysics
- c) Body Fluid compartments.

#### **2. Blood:**

- a) Composition of blood, Plasma, protein formation and their function.
- b) Structure, formation and functions of R.B.C.
- c) Structure, formation and functions of W.B.Cs. and Platelets.
- d) Coagulation and its effects on bleeding, clotting time.
- e) Blood groups and their significance, Rh. factor.
- f) Reticulo-Endothelial system, jaundice, structure and functions of spleen.
- g) Haemoglobin and E.S.R.

#### **3. Cardiovascular System:**

- a) Structure, properties of heart muscle and nerves supply of heart, Structure and function of arteries, arterioles, capillaries and veins.
- b) Cardiac cycle and heart sounds.
- c) Cardiac output measurement & affecting factors
- d) Heart rate and its regulation, cardiovascular reflexes.
- e) Blood pressure, its regulation and physiological variations.
- f) Peripheral resistance, Factors controlling, Role in B.P.





- g) Haemorrhage.
- h) Changes in muscular exercise.

#### **4. Respiratory System:**

- a) Mechanism of respiration, Intra-pleural and intrapulmonary pressure.
- b) Lung volumes and capacities.
- c) O<sub>2</sub> and CO<sub>2</sub> carriage and their exchange in tissues and lungs.
- d) Nervous chemical regulation of respiration - Respiratory Centres. Respiratory states - anoxia, asphyxia, Cyanosis, Acclimatization.

#### **5. Digestive System:**

- a) General outline and salivary digestion
- b) Gastric secretion and its mechanism of secretion and functions.
- c) Digestion, absorption and metabolism of proteins.
- d) Structure, Secretions and Functions of Livers.

#### **6. Nutrition:**

- a) Digestion, absorption and metabolism of carbohydrates.
- b) Digestion, absorption and metabolism of fats.
- c) Digestion, absorption and metabolism of proteins.
- d) Vitamins, sources, functions and resources.
- e) Balanced diet in different age groups and occupation.

#### **7. Endocrines:**

- a) Anterior Pituitary
- b) Posterior Pituitary and parathyroid.
- c) Thyroid.
- d) Adrenal Cortex.
- e) Adrenal Medulla, thymus.
- f) Pancreas and Blood sugar regulation.

#### **8. Reproductive System:**

- a) Sex determination and development, puberty,





- b) Male sex hormones and their functions, spermatogenesis.
- c) Female sex hormones and formation of urine, G.F.R. and Tubular functions.
- d) Pregnancy, functions of placenta and lactation.

### 9. Excretory System:

- a) Gross and minute structure of kidney and features of renal circulation.
- b) Mechanism of formation of urine, G.F.R. and Tubular function.
- c) Renal function tests.
- d) Physiology of micturition

### 10. NeuroMuscular Physiology:

#### A. Muscle and Nerve:

1. Structure of neurones, membrane potential and generation of action potential.
2. Nerve impulse conduction, saltatory conduction.
3. Nerve-muscular junction and drugs acting on it-Myasthenia.
4. Degeneration and regeneration in peripheral nerves including Wallerian degeneration

#### B. Muscle:

1. Type of muscles and their gross structure, stimulus, chronaxie, strength duration curve.
2. Structure of Sarcomere - basis of muscle contraction, Starling's law, changes during muscle contraction.
3. Electrical-Biphasic and monophasic action potentials.
4. Chemical, Thermal and Physical changes, isometric and isotonic contraction.
5. Motor units and its properties, clonus, tetanus, all or none law, beneficial effect.
6. Nature of voluntary contraction, fatigue.

### 11. Nervous System:

- a) Types and properties of receptors, types of sensations
- b) Structure of synapse, reflex arc and its properties, occlusion, summation, subminimal fringe etc.
- c) Tracts of spinal cord.
- d) Descending tracts, Pyramidal and Extrapyramidal.







- e) Hemisection and complete section of spinal cord. Upper and lower motor neuron analysis.
- f) Cerebral cortex, areas and functions-E.E.G.
- g) Structure-connections and function of cerebellum.
- h) Basal ganglia and thalamus, connections and functions.
- i) Reticular formation, tone, posture and equilibrium.
- j) Autonomic Nervous system.

### **12.Special Senses:**

- 1. Broad features of eye, errors of refraction, lesions of visual pathways.
- 2. Speech and its disorders.
- 3. Ear and vestibular apparatus.

### **Practical & Demonstrations:**

#### **Title**

#### **Nerve Muscle physiology**

- 1. Gastrocnemius Muscle-Sciatic Nerve Prep.
- 2. Action Potentials etc.
- 3. Effect of Temperature on S.M.C
- 4. Effect of Load on Skeletal Muscle Contraction

#### **Cardio-Vascular System**

- 5. Graph
- 6. BP
- 7. Radial Pulse
- 8. Spirometry/Respiratory Efficiency Test

### **Instruments**



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### **RecordingBodyTemperatureHaematology**

9. TotalredCellCount
10. TotalWhiteBloodCount
11. CellsinPeripheralbloodfilm
12. DifferentialWBCcount
13. Absolutecount,Arnethcount
14. BloodgroupingBleedingtime/ClottingTime,Blood,PCV,ESR

### **CentralNervousSystem**

15. Examinationofsensoryfunction
16. Examinationofmotorfunctions
17. Examinationofreflexes
18. CranialnervesI,III,IV,V,VI
19. Cranialnervell
20. CranialnervesVII,VIII,IX,X,XII

| <b>Course Code</b> | <b>CourseName</b>   | <b>CourseOutcome</b>   |
|--------------------|---------------------|--|
| FPB11<br>0102      | HUMANPHYS<br>IOLOGY | CO1: Discussfunctionsofvarioussystemsofhumanbody<br>CO2:<br>Understandtheroleofhormones,enzymes,andotherdifferenttypesofcellsofHumanbod<br>y.<br>CO3: Explain the physiological mechanisms underlying homeostasis and the<br>regulatory processes that maintain balance in the body.<br>CO4: Describe the structure and function of the cell in brief. |





## BIO-CHEMISTRY

### **OBJECTIVES:**

At the end of the course the candidate will be able to

1. Describe the structure and function of the cell in brief.
2. Describe the normal functions of different components of food.
3. Describe basal metabolic rate and the factors affecting the same (in brief) with special reference to obesity.
4. Discuss nutritional aspects of carbohydrates, lipids, proteins, vitamins and minerals and their metabolism with special reference to obesity.
5. Define enzymes and discuss in brief the factors affecting enzyme activity and diagnostic use of enzymes.
6. Describe in detail the biochemical aspects of muscle contraction.
7. Acquire knowledge in brief about the clinical biochemistry, with special reference to liver and renal function tests, blood study for lipid profile, metabolism of fat, carbohydrates, proteins, bone minerals, electrolyte balance, water balance and acid-base balance.

### **Content:**

1. Biochemical characteristics of living matter.
2. Biochemistry, morphology of cell
3. Nucleic acids.
4. Proteins.
5. The enzymes.
6. Metabolism.
7. Hormones.
8. Nutrition.
9. Biochemistry of connective tissues, nerve tissue and muscle.
10. Water, electrolyte and acid-base balance.
11. Chemistry of biological materials.
12. Physicochemical Phenomenon.
13. Common procedures used in biochemistry.



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| TopicDistributionforPaperSetting |              |
|----------------------------------|--------------|
| Section                          | Topic Sr.No. |
| I (55Marks)                      | Physiology   |
| II(25Marks)                      | Biochemistry |

| Course Code | CourseName    | CourseOutcome  |
|-------------|---------------|--|
| FPB110103   | BIO-CHEMISTRY | CO1: Discussfunctionsofvarioussystemsofhumanbody<br>CO2:<br>Understandtheroleofhormones,enzymes,andotherdifferenttypesofcellsofHuman body.<br>CO3: Explain the physiological mechanisms underlying homeostasis and the regulatory processes that maintain balance in the body.<br>CO4: Describe the structure and function of the cell in brief. |





## PSYCHOLOGY(FPB110103)

### OBJECTIVES:

At the end of the course the candidate will be able to

1. Define the term psychology and its importance in the health delivery system and gain knowledge of psychological maturation during human development and growth and alteration during ageing process.
2. Understand the importance of psychological status of the person in the health and diseases, environmental and emotional influence on the mind and personality.
3. Acquire the knowledge as to how to deal with the patient. Reference should be made whenever appropriate to the therapist's relationship with the patient and with his professional colleagues. Emphasis should be laid on the effects of disease on the patient's behavior.

### SYLLABUS:-

1. Introduction: Introduction of psychology, brief history, definitions, schools of psychology
2. Biological foundations of behaviour, hereditary, environmental and logical basis for development, developmental psychology (child).
3. Learned and unlearned behaviour: Simple learning and conditioning, social learning. Learning disability in children (counselling for exercise)
4. Memory: Phases of memory, short term storage, memory and perception thinking etc. Forgetting testimony and recall of events, memory and ageing
5. Perception: Sensory basis of perception, attention and perception, observer error
6. Motivation and Emotions: Approaches to motivations, emotional development, influence of early experience. Family and social influences on motivation and behaviour. Thematic Apperception Test developed by AM Mankad based on Maslow theory.
7. Thinking and Intelligence: Learning and problem solving, development of conceptual thinking in children. Communication, language and thinking, Measurement of intelligence, influences on intelligence, extent and consequence of individual difference.
8. Tests: Wechsler scales, Stanford-Binet Intelligence scale, Bender, and Gestalt-other projective test, Anxiety scale.



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9. Personality: Nature of personality structure and dynamics, dimensional, psychoanalytical and constitutional theories of personality, measurement of personality, culture and personality patterns.
10. Attitude: Nature of attitudes and beliefs including prejudice, group influences on attitudes, attitude change, doctor-patient expectations and attitudes, prejudice formation and reduction.
11. Interpersonal Behavior: Experimental analysis on social interaction, studies of the interview situation, behavior in formal and informal groups, group norms and roles. Leadership in formal and informal groups, group moral, Behavior therapy, behavior modification techniques, token economy.
12. Social Psychology: nature and scope of social psychology, social interaction, psychological groups and their classification, socialization of the individual, social control (social heredity) - moves, customs, fashion, propaganda and its techniques.
13. Stress: stress and responses, disorders, coping with stressors, four maxims, meditative yoga.
14. Pain: Physiological and psychological factors, types of pain, pain measurement.
15. Psychotherapy and counselling: Goals, Psychodynamic therapy, Humanistic therapy Behavior therapy- Relaxation training (Jacobson training), Hypnosis, Biofeedback. Behavior modification therapies (BMT) – Operant conditioning techniques, Token economy, Classical conditioning, modelling techniques. Cognitive therapy- Elli's rational/ emotive therapy, Beck's cognitive, Meichenbaum's self-instructional training.

| Course Code   | Course Name | Course Outcome   |
|---------------|-------------|--|
| FPB11<br>0103 | PSYCHOLOGY  | CO1: Recall the key theories and principles in psychology and sociology, demonstrating knowledge of major concepts in both disciplines<br>CO2: Understand psychological status of the person in the health and diseases, environmental and emotional influence on the mind and personality.<br>CO3: Explain the underlying principles of psychological and sociological research methods<br>CO4: Analyze different psychological and sociological perspectives, identifying patterns and connections between theories and their implications for understanding human behavior and society. |





## SOCIOLOGY

### OBJECTIVES:

At the end of the course the candidate will be able to

1. Define the terms sociology and its importance in the health delivery system.
2. Understand the basic sociological concepts, principles and social process, social institution in relation to the individual family and community and the various social factors affecting the family in the rural and urban communities in India. The subject will introduce the student to the basic sociological concepts, principles and social processes, social institutions in relation to the individual family and community and the various social factors affecting the family in rural and urban communities.

### SYLLABUS:-

#### 1. Introduction:

- a. Meaning-Definition and scope of sociology.
- b. Its relation with anthropology, psychology, social psychology and ethics.
- c. Methods of sociology-  
Case study, social survey, questionnaire interview and opinion poll methods.
- d. Importance of its study with special reference to healthcare professionals.

#### 2. Social factors in Health and disease:

The meaning of social factors, the role of social factors in health and illness.

#### 3. Socialization:

- a) Meaning and nature of socialization
- b) Primary, secondary and anticipatory socialization
- c) Agencies of socialization.

#### 4. Social Groups:

Concepts of social groups influence of formal and informal groups on health and sickness.



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## The role of primary groups and secondary groups in the hospital and rehabilitation settings

- a) Prostitution.
- b) Alcoholism.
- c) Problems of women in employment.

### 5. Family:

- a) The family
- b) Meaning and definition
- c) Functions
- d) Types
- e) Changing family patterns
- f) Influence of family on the individual's health, family and nutrition, the effects of sickness on family and psychosomatic disease and their importance to physiotherapy.

### 6. Community:

- a) Rural community - Meaning and features - Health hazards of ruralities.
- b) Urban community - Meaning and features - Health hazards of urbanities.

### 1. Community:

- a) Rural community - Meaning and features - Health hazards of ruralities.
- b) Urban community - Meaning and features - Health hazards of urbanities.

### 2. Culture and Health:

- a) Concept of culture
- b) Culture and behaviour.
- c) Cultural meaning of sickness.
- d) Culture and health Disorders

### 3. Social Change:

- a) Meaning of social changes.
- b) Factors of social change.







- c) Human adaptation and social change.
- d) Social change and stress
- e) Social change and deviance.
- f) Social change and health programme.
- g) The role of social planning in the improvement of health and in rehabilitation.

#### **4. Social Problems of Disabled:**

Consequences of the following social problems in relation to sickness and disability remediate to prevent these problems.

- a) Population explosion.
- b) Poverty and unemployment.
- c) Beggary.
- d) Juvenile delinquency.
- e) Prostitution.
- f) Alcoholism.
- g) Problems of women in employment.





**5. Social Security:**

Social security and social legislation in relation to disabled.

**6. Social Worker:**

Meaning of social work.

The role of a medical social worker

**7. Culture and Health:**

- a) Concept of culture
- b) Culture and behaviour.
- c) Cultural meaning of sickness.
- d) Culture and health Disorders

**8. Social Change:**

- a) Meaning of social changes.
- b) Factors of social change.
- c) Human adaptation and social change.
- d) Social change and stress
- e) Social change and deviance.
- f) Social change and health programme.
- g) The role of social planning in the improvement of health and in rehabilitation.

**9. Social Problems of Disabled:**

Consequences of the following social problems in relation to sickness and disability remedial steps to prevent these problems.

- d) Population explosion.
- e) Poverty and unemployment.
- f) Beggary.
- g) Juvenile delinquency.





**10. Social Security:**

Social security and social legislation in relation to disabled.

**11. Social Worker:**

Meaning of social work.

The role of a medical social worker

| Topic Distribution for Paper Setting |              |
|--------------------------------------|--------------|
| Section                              | Topic Sr.No. |
| I (40 Marks)                         | Psychology   |
| II (40 Marks)                        | Sociology    |

| Course Code   | Course Name | Course Outcome   |
|---------------|-------------|--|
| FPB1<br>10103 | SOCIOLOGY   | CO1: Recall the key theories and principles in psychology and sociology, demonstrating knowledge of major concepts in both disciplines<br>CO2: Understand psychological status of the person in the health and diseases, environmental and emotional influence on the mind and personality.<br>CO3: Explain the underlying principles of psychological and sociological research methods<br>CO4: Analyze different psychological and sociological perspectives, identifying patterns and connections between theories and their implications for understanding human behavior and society. |





## EXERCISE THERAPY I & SOFT TISSUE MANIPULATION (FPB110104)

### OBJECTIVES:

At the end of the year the student will be able to

1. Understand the basic mechanical principles and effect of exercise, therapeutic modality in the restoration of physical function.
2. Describe and acquire the skills of application and demonstration of the use of various tools of the therapeutic gymnasium and various starting and derived positions.
3. Describe the physiological and therapeutic effect of various movements and demonstrate in various anatomical planes.
4. Acquire the skills of application of various massage manipulations and describe the physiological effects, therapeutic uses, merits–demerits of the same.
5. Demonstrate and acquire the skill of relaxation.

### SYLLABUS:-

1. Introduction to exercise therapy.
2. Physiological effects and uses of exercise.
3. Use of apparatus in exercise therapy.
4. Fundamental starting positions, derived positions-effects and uses, pelvis tilt & Muscle work for all positions
5. Joint movement-terminology and range axes and planes of movement, levers, measurement of joint movements, goniometry, types of goniometer, bubble and gravity goniometer.
6. Causes of restriction of range of movement- Distinguish between skin, muscles, capsular contractures.
7. Classification of movements
8. Active movements - Definition, types, techniques, effects and uses. Passive movements - Definition, types, techniques of relaxed passive movements and uses, comparison of both movements.
9. Group work-Criteria of selection of patients, advantages and disadvantages of group class exercises.
10. Home exercises-trick movements.



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1. Suspension therapy - definitions of suspension and point of suspension, types of suspension, pulleys and use of pulleys in suspension therapy, application of suspension therapy either to increase the joint range or to increase muscle power.
2. Breathing-  
Mechanism of breathing (normal), Muscles of respiration, changes in thoracic cage during process of respiration
3. Pursed lip breathing & Glossopharyngeal Breathing - significance.
4. Normal gait cycle - Phases of gait
5. Crutch walking - Types of crutch walking, Use of parallel bars in pre-crutch walking stage, balance exercises, phase of walking, gait training, group of muscles responsible during crutch walking.
6. Progression in crutch walking, measurement of crutches, other walking aids canes, walkers, tripods, other types of crutches, crutch-walking on even surface, slopes, climbing up the staircase.
7. Measurement of limb length, methods of measurements.
8. Application of resistance to develop endurance and power, progression of exercises angle of pull, types of muscle work, exercises - free resisted, assisted - use of gadget apparatus. Resisted Exercises - Techniques and types of resistance, SET system (Heavy resisted exercises) Oxford method, Delorme method, Macqueen's method.
9. Free Exercises - Classification, technique, effects of free exercises - application for shoulder, neck, hip and knee joints, techniques of mobilization for stiff joints.
10. Maintenance of record - volume, range of motion, resistance, limb length.

## **6.2 SOFT TISSUE MANIPULATION**

11. Introduction - brief history, definition, classification.
12. Physiological effects and therapeutic uses, contra-indications.
13. Preparation of patient, basic points to be considered before and during massage procedure.
14. Technique, effects and uses of each manipulation and contra-indications.
15. Specific effects of certain manipulations.
16. Massage for arm, leg, neck and upper back face.





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17. Massage for edema, scar, tendinitis, fibrosis (tight fascia)



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18. Practice of soft tissue manipulation in subjects.
19. Mobilization of soft tissues, joints and fluid collection.

| Topic Distribution for Paper Setting |              |
|--------------------------------------|--------------|
| Section                              | Topic Sr.No. |
| I (40 Marks)                         | 1-15         |
| II (40 Marks)                        | 16-29        |

| Course Code | Course Name                                   | Course Outcome   |
|-------------|---|--|
| FPB110104   | EXERCISE THERAPY I & SOFT TISSUE MANIPULATION | CO1: Memorize the fundamental principles of exercise therapy and soft tissue manipulation, including relevant anatomical structures and physiological responses.<br>CO2: Describe application and demonstration of the use of various tools of the therapeutic gymnasium and various starting and derived positions.<br>CO3: Apply exercise prescription to design personalized rehabilitation programs for individuals with specific musculoskeletal conditions, considering their unique needs and goals<br>CO4: Explain the biomechanical and physiological effects of exercise therapy and soft tissue manipulation on the musculoskeletal system. |







## BIOMEDICALPHYSICS(FPB110105)

### OBJECTIVES:

At the end of the course the candidate will be able to

1. Describe the fundamentals of general physics and be able to relate its application in physiotherapy
2. Understand basic physical principles of sound, light and heat and their application in physiotherapy field
3. Understand basic aspects of electricity and electronics as related to its application in electrotherapy instruments
4. Describe in brief, certain common electrical components such as capacitors, transformers, valves & transistors and will be able to identify such components.

### General Physics (Mechanics):

1. Force—Definition, unit, resolution of forces. Newton's laws of motion. Types of motion, direction and quantity of motion, Speed, Velocity, Work, Energy and Power.
2. Force of gravity, centre of gravity, line of gravity and base. Axes and planes of movement and gravity,
3. Reaction forces, ground reaction force, Equilibrium, determination of equilibrium of a body, Inertia, Acceleration, Momentum and Torque
4. Friction—force of friction, static and dynamic friction, limit of friction, friction as a necessity and evil.
5. Simple machine – Lever, mechanical advantage, angle of pull, pulley, wheel and axle, fixed and movable pulley, pendulums, elasticity, spring properties of spring
6. Fluid mechanics—  
Viscosity, definition, coefficient of viscosity, streamline and turbulent flow, effect of temperature and pressure on viscosity. Principle of Archimedes, laws of floatation, hydrostatic pressure, buoyancy, surface tension, excess pressure in spherical liquefied drop. Physical property of water.
7. Heat: Heat transfer, properties of thermal radiation, Specific heat, thermal capacity, Energy conversion, and laws of thermodynamics, physical effects of heat—  
expansion, evaporation, thermionic emission etc., Concept of heat and temperature, measurement



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- thermometry, thermometer. Method of measuring body temperature. Human body temperature . Biophysics of superficial heat and cold.
8. Sound: Origin of sound, Characteristics of sound waves, velocity of sound in air and water, effect of temperature, pressure, density of medium, humidity, wind on sound waves.
  9. Frequencies of sound waves, Infrasonic, Normal hearing band and Ultrasonics, Reflection, Refraction and Attenuation of Sound waves, Acoustic Impedance, Interference of sound waves, Resonance, Echo, Doppler effect and Fresnel and Fraunhofer zones in Ultrasonics.
  10. Electromagnetic Spectrum: Electromagnetic Radiation: Laws Governing EMR, Laws of Reflection, Refraction, Absorption, Cosine law, Attenuation, Inverse square law. Grothus law etc.
  11. Light: Emission and absorption spectra. Electromagnetic spectrum. Laws of transmission, reflection, refraction, absorption. Internal reflection and fibre optics, Interference of light. LASER and its application.

### **Electricity and Electronics:**

1. Structure of atom, Isotopes, States of matter; Compound formation - (covalent formation),
2. Static Electricity: Theories of Electricity, Production of Electric Charge, Characteristic of Charged body, Potential and Capacity, Potential Difference.
3. Current Electricity: Energy sources for electricity, EMF, Resistance, Intensity, Ohm's Law, resistance in Series / Parallel, Devices for regulating Intensity (Types, Construction and working of Rheostat), Electric energy and power, Thermal Effects of Electric (Joule's Law).
4. Magnetism: Nature, Type, Molecular Theory of Magnetism, Property of Magnet, Magnetic Effect of Electric Current, Electromagnets, Milliampere meter & Voltmeter (Construction and working), Meters for measuring AC.
5. Capacitor / Condenser: Principles, Capacity (Measurement and factors determining), Types and Construction, Electric field, lines of force and characteristics of lines of force, Charging and discharging of the condenser, Duration of discharge, discharge through inductance, capacitive reactance and uses of condenser.
6. ElectroMagnetic Induction: Principles (Faraday's/Lenz's law), Production, Direction of Induced EMF, Strength of induced EMF, Types (Self and Mutual) and inductive reactance. Eddy Currents, Dynamo, Transformers (Functions, Types, Constrictions), Choke coil.
7. Thermionic Valves (Diode and Triodes), Types of rectification (Half and full wave - Voltage



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- halving and Westinghouse Bridge), Semi Conductors: Types, semiconductor diodes, Metal rectifier & Transistors, Integrated circuits (IC), Picture Circuitry boards (PCB),
8. Main Supply: Production of Electricity, Types, Distribution, Earthing, Types of Plugs & Switches. Fuse.
  9. Electric and electronic circuits: Oscillating circuit, Smoothing Circuit, surging circuit, CR circuit, multivibrator circuit, faradic coils (Lewis Jones and Smart Bristow), panel diagram of electrical stimulator, Production of high frequency current by klystron, magnetron
  10. Frequencies of Current –  
Low, Medium and High frequency currents and their characteristics, Biological Cell as a capacitor and resistor, frequency of current and its relation to capacitive reactance (resistance)
  11. Types of current – DC and AC, Sources of DC, Necessity for rectification of AC, Use of DC as a therapeutic current and its dangers, Electrical Skin Resistance, Electrolysis, acid and alkaline reactions under anode and cathode, Electrolytic burns and its prevention
  12. Shock: Types (Electric Shock, Earth Shock), Definition, Severity, Effects, Causes and Precautions.

| Course Code | Course Name        | Course Outcome  |
|-------------|--------------------|---|
| FPB110105   | BIOMEDICAL PHYSICS | <p>CO1: Describe fundamental principles of physics, particularly those relevant to the human body, including mechanics, electricity, and optics</p> <p>CO2: Explain the application of biomedical physics in diagnostic techniques such as medical imaging, understanding the underlying physical principles and technologies involved</p> <p>CO3: Apply biomedical physics to interpret data from medical instruments and imaging modalities, demonstrating the ability to troubleshoot and optimize equipment.</p> <p>CO4: Analyse the impact of various physical forces on the human body, such as the effects of biomechanics on joint movement and the role of physics in understanding physiological processes.</p> |



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## PROFESSIONAL PRACTICE & ETHICS (FPB110106) (Not for University Exam)

### OBJECTIVES:

At the end of the course the candidate will be able to:

1. Be able to understand the moral values and meaning of ethics
2. Acquire bedside manners and communication skills in relation with patients, peers, seniors and other professionals.

### SYLLABUS:-

1. Introduction to the history of physiotherapy
2. Orientation to the curriculum, clinical areas and geographical allocation
3. Concept of morality & ethics
4. Concept of professionalism and professional dress code



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## COMPUTER APPLICATIONS (FPB110107) (Not for University Exam)

### OBJECTIVES:

The course enables the student to understand the fundamentals of computer and its basic applications.

### SYLLABUS:-

#### 1. Introduction to data processing:

- Features of computers. What are Hardware and Software?
- Advantages of using computers. Role and uses of computers. What is data processing?
- Application areas of computers and common activities in data processing. Types of data processing, characteristics of application.

#### 2. Hardware concepts:

- Architecture of computers—characteristics of discs, tapes, terminals, printers, network.
- Types of storage devices.
- Concept of damage. Application of networking concept of PC system care, floppy care, data care etc.

#### 3. Concept of software

- Classification of software: System software, Application of software, Operating System, Computer System, computer virus, precautions against viruses, dealing with viruses, computers in medical electronics.

#### 4. Basic anatomy of Computers:

- Principles of programming: Computer application—principles in scientific research, work processing, medicine, libraries, museum, education, information system.
- Data processing
- EMG, Exercise testing equipment, Laser.







## ENGLISH (FPB110108) (NotforUniversityExam)

Course Outline: The course is designed to help Acquire a good command and comprehension of the English language through individual papers and conferences.

### **SYLLABUS:-**

#### **1. Introduction:**

- a) Study techniques
- b) Organization of effective note taking and logical processes of analysis and synthesis.
- c) Use of the dictionary
- d) Enlargement of vocabulary
- e) Effective diction

#### **2. Applied Grammar:**

- a) Correct usage
- b) The structure of sentences
- c) The structure of paragraphs
- d) Enlargement of vocabulary

#### **3. Written composition:**

- a) Precise writing and summarizing
- b) Writing of Bibliography
- c) Enlargement of vocabulary

#### **4. Reading and Comprehension:**

Review of selected materials and express oneself in one's words and enlargement of vocabulary.

#### **5. The study of various forms of composition:**

Paragraph, essay, letter, summary, practice in writing

#### **6. Verbal Communication:**

Discussions and summarization, debates, oral reports, use in teaching.







## ENVIRONMENTAL SCIENCES (FPB110109) (Not for University Exam)

### 1: Multidisciplinary nature of environmental studies

- a) Definition, scope and importance
- b) Need for public awareness.

### 2: Natural Resources:

#### Renewable and non-renewable resources:

Natural resources and associated problems.

- a) Forest resources: Use and over-exploitation, deforestation, case studies. Timber extraction, mining, dams and their effects on forest and tribal people.
- b) Water resources: Use and over-utilization of surface and groundwater, Floods, drought, conflict over water, dams - benefits and problems.
- c) Mineral resources: Use and exploitation, environmental effects of extracting and using mineral resources, case studies.
- d) Food resources: World food problems, changes caused by agriculture and overgrazing, effects of modern agriculture, fertilizer-pesticide problems, water logging, salinity, case studies.
- e) Energy resources: Growing energy needs, renewable and non-renewable energy sources, use of alternate energy sources. Case studies.
- f) Land resources: Land as a resource, land degradation, man-induced landslides, soil erosion and desertification.
- g) Role of an individual in conservation of natural resources.
- h) Equitable use of resources for sustainable lifestyles.

### Unit 3: Ecosystems

- a) Concept of an ecosystem.
- b) Structure and function of an ecosystem.
- c) Producers, consumers and decomposers.





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- d) Energyflowintheecosystem.
- e) Ecologicalsuccession.



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- f) Foodchains,foodwebsandecologicalpyramids.

#### **4 :Biodiversityanditsconservation**

- a) FromUnsustainabletoSustainabledevelopment
- b) Urbanproblemsrelatedtoenergy
- c) Waterconservation,rainwaterharvesting,watershedmanagement
- d) Resettlementandrehabilitationofpeople;itsproblemsandconcerns.CaseStudies
- e) Environmentalethics:Issuesandpossiblesolutions.
- f) Climatechange,globalwarming,acidrain,ozonelayerdepletion,nuclear
- g) Accidentsandholocaust.CaseStudies.
- h) Wastelandreclamation.
- i) Consumerismandwasteproducts.
- j) EnvironmentProtectionAct.
- g) Introduction,types,characteristicfeatures,structureandfunctionoftheFoll  
owingecosystem:-
  - Forestecosystem
  - Grasslandecosystem
  - Desertecosystem
  - Aquaticecosystems(ponds,streams,lakes,rivers,oceans,estuaries)

#### **5 :Biodiversityanditsconservation**

- a) Introduction–Definition:genetic,speciesandecosystemdiversity.
- b) BiogeographicalclassificationofIndia
- c) Valueofbiodiversity:consumptiveuse,productiveuse,social,ethical,aestheticandoptionval  
ues
- d) Biodiversityatglobal,Nationalandlocallevels.
- e) Inidaasamega-diversitynation
- f) Hot-sportsofbiodiversity.
- g) Threatstobiodiversity:habitatloss,poachingofwildlife,man-wildlifeconflicts.
- h) EndangeredandendemicspeciesofIndia





- i) Conservation of biodiversity: In-situ and Ex-situ conservation of biodiversity.

## **6 :Environmental Pollution**

- a) Definition, Cause, effects and control measures of:-
- b) Air pollution, Water pollution, Soil pollution, Marine pollution, Noise pollution, Thermal pollution, nuclear hazards
- c) Solid waste Management: Causes, effects and control measures of urban and industrial wastes
- d) Role of an individual in prevention of pollution.
- e) Pollution case studies.
- f) Disaster management: floods, earthquake, cyclone and landslides.

## **7 :Social Issues and the Environment**

- a) Air (Prevention and Control of Pollution) Act.
- b) Water (Prevention and Control of Pollution) Act
- c) Wildlife Protection Act
- d) Forest Conservation Act
- e) Issues involved in enforcement of environmental legislation.
- f) Public awareness.

## **8:Human Population and the Environment**

- a) Population growth, variation among nations.
- b) Population explosion – Family Welfare Programme.
- c) Environment and human health.
- d) Human Rights.
- e) Value Education.
- f) HIV/AIDS.
- g) Women and Child Welfare.
- h) Role of Information Technology in Environment and human health.
- i) Case Studies.





## 9:Fieldwork

- a) Visitto alocal area to  
documentenvironmentalassetsriver/forest/grassland/hill/mountain
- b) Visittoalocalpollutedsite-Urban/Rural/Industrial/Agricultural
- c) Studyofcommonplants,insects,birds.  
Studyofsimpleecosystems-pond,river,hillslopes,etc.



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## SECONDYEARBACHELOROFPHYSIOTHERAPY

### 1.PATHOLOGY(FPB120101)

#### OBJECTIVES:

Attheendofthecourse thecandidatewillbeableto:

- 1.Acquire the knowledge of concepts of cell injury and changes produced thereby indifferenttissuesandorgans; capacityofthebodyinhealingprocess.
2. Recall the etio-pathogenesis, the pathological effects and the clinical-pathologicalcorrelationofcommon infectionand non-infectiousdisease.
3. Acquire the knowledge of concepts of neoplasia with reference to the etiology, grossand microscopic features, diagnosis and prognosis in different tissues and organs ofthebody.
4. Correlate normal and altered morphology of different organ systems in differentDiseases needed to understand the disease process and their clinical significance (withSpecialemphasistoneuro-musculoskeletalandcardiovascular–respiratorysystem).
5. AcquireknowledgeofcommonimmunologicaldisordersandtheirresultanteffectsonThehumanbody.
6. Understandinbrief,aboutthehematologicaldiseasesandinvestigationsnecessarytoDiagnosethem anddeterminetheirprognosis.

GeneralPathology:

- 1.Introduction: Aims and objects of study of pathology, definitions of health, disease,causesofdisease, methodsofstudyofdisease.
2. Inflammation–Generalmorphology,types,phenomenonofacuteinflammation.
3. Tissuerepair–Woundhealing,fracture,skin,nerves,muscles
4. CellInjury–  
Degeneration,physicalandchemicalirritants,ionizingradiations,cellulites.
5. Disturbanceofcirculation–edema,thrombosis,infarction,embolism.
6. Necrosis,Gangrene
7. Growthanditsdisorders–atrophyandhypertrophy(pseudo),Hyperplasia
8. Cellularageing
9. Tumors–  
definitions,classification,characteristicsofbeingandmalignanttumors,etiologyand spread oftumors,systemiceffects.



10. Infection–Acute,chronic,includingAIDS.

11. Blood-Anemia,definition,classification,etiology,labinvestigations,bloodpicture;







Hemorrhagic disorders—causes and classification (hemophilia)

12. Immunity, Hypersensitivity and Autoimmune disorders (RA, SLE) Systemic Pathology:

temic Pathology:

(Each condition in this section is to be taught under the specific headings of Causes, Development, Gross and Microscopic only).

1. Respiratory System: Pneumonia, Bronchitis, Bronchiectasis, Asthma, Emphysema, Tuberculosis and Carcinoma of Lungs Occupational Lung Diseases
2. Cardiovascular System: Rheumatic Heart diseases, Myocardial infarction, Atherosclerosis and other disease of blood vessels – TAO, Buerger's diseases, Thrombophlebitis, Congenital Heart diseases,
3. Alimentary System: Peptic Ulcer, Ulcerative lesions of intestine
4. Liver: Hepatitis, Cirrhosis
5. CNS: Meningitis, Encephalitis, Cerebral Hemorrhage, CVA, Brief outline of CNS Tumors
6. Peripheral Nerves: Neuritis, Neuralgia, GBS, Neuropathies.
7. Bones and Joints: Osteomyelitis, Osteoarthritis, Septic, Arthritis, Gout, Osteomalacia, Bone Tumors briefly\*- Giant Cell tumor, Osteosarcoma, Ewing's
8. Muscles: Disorder of muscles including Poliomyelitis and Myopathies, Volkman's ischaemic contracture
9. Skin: Scleroderma, Psoriasis, Autoimmune disorders
10. Urinary System: Nephritis, Glomerular Nephritis, Nephrotic Syndrome
11. Endocrine System: Thyroid—Thyroiditis and Thyroid tumors, Diabetes





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| CourseCode | Course Name | CourseOutcome   |
|------------|-------------|---|
| FPB120101  | PATHOLOGY   | CO1: Acquire concepts of cell injury and changes produced thereby in different tissues and organs; capacity of the body in healing process.<br>CO2: Discuss the etio-pathogenesis, the pathological effects and the clinical-pathological correlation of common infection and non-infectious disease.<br>CO3: Recall the major pathological conditions and microbial agents, demonstrating knowledge of basic concepts in pathology and microbiology.<br>CO4: Apply pathology and microbiology to analyze clinical cases, recognizing patterns of disease and identifying appropriate diagnostic tests. |



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## 2.MICROBIOLOGY

### OBJECTIVES:

At the end of the course the candidate will be able to have sound knowledge of the agents responsible for causing human infections pertaining to CNS, CVS, musculoskeletal and Respiratory system.

#### 1. General Bacteriology:

- a) Introduction, historical background, classification of micro-organisms
- b) Morphology of bacteria
- c) Staining of bacteria
- d) Sterilization
- e) Cultivation and culture media

#### 2. Systemic Bacteriology:

- a) Gram-Positive cocci – Streptococci, Pneumococci, Staphylococci
- b) Gram-Negative Cocci – Gono and Meningococci
- c) Gram-Positive Bacilli
- d) Gram-Negative Bacilli – Typhoid, Cholera, Dysentery
- e) Aerobic – Diphtheria, T.B., Leprosy
- f) Anaerobic – Tetanus, Gas Gangrene, Botulism

#### 3. Immunology:

- a) Immunity, Antigens
- b) Antibodies, Ag-Ab Reaction
- c) Agglutination, precipitation
- d) Hypersensitivity reactions

#### 4. General Virology:

- a) Poliomyelitis
- b) Rabies
- c) Demonstration of test in: diagnosis of AIDS, Hepatitis and Syphilis

#### 5. Parasitology:

- a) Malaria
- b) Amoebiasis
- c) Roundworm and loopworm

#### 6. Mycology:

- a) Candidiasis
- b) Ringworm
- c) Scabies

#### 7. Aseptic universal precautions & practices Biomedical waste and universal precautions



## TopicDistribution

| TopicDistributionforPaperSetting |               |
|----------------------------------|---------------|
| Section                          | Topic Sr. No. |
| I(40 Marks)                      | Pathology     |
| II(40 Marks)                     | Microbiology  |

| Course Code | CourseName   | CourseOutcome   |
|-------------|--------------|---|
| FPB120101   | MICROBIOLOGY | <p>CO1: Acquire concepts of cell injury and changes produced thereby in different tissues and organs; capacity of the body in healing process.</p> <p>CO2: Discuss the etio-pathogenesis, the pathological effects and the clinical- pathological correlation of common infection and non-infectious disease.</p> <p>CO3: Recall the major pathological conditions and microbial agents, demonstrating knowledge of basic concepts in pathology and microbiology.</p> <p>CO4: Apply pathology and microbiology to analyze clinical cases, recognizing patterns of disease and identifying appropriate diagnostic tests.</p> |





### 3.PHARMACOLOGY(FPB120102)

#### **OBJECTIVES:**

At the end of the course the candidate will be able to

1. Describe pharmacological effects of commonly used drugs by patients referred for physiotherapy; list their adverse reactions, precautions to be taken, contraindications, formulation and route of administration.
2. Identify whether the pharmacological effect of the drug interferes with the therapeutic response of physiotherapy and vice versa
3. Indicate the use of analgesics and anti-inflammatory agents with movement disorders, with consideration of cost efficiency and safety for individual needs.
4. Get the awareness of other essential and commonly used drugs by patients. The basis of their use and common as well as serious adverse reaction.

#### **Syllabus:**

1. Chemical character and general action of drugs
2. Principles of drug administration and routes of administration, distribution, metabolism, excretion of drugs, factors influencing drug reaction, dosage and factors modifying it.
3. Drug toxicity including allergy and idiosyncrasy.
4. Definition, action, indication, contraindication, adverse reaction of the following:
  - a) Drugs acting on PNS: stimulating and inhibiting, cholinergic and anticholinergics. Drugs acting at NMJ junction. Musclerelaxants
  - b) Drugs acting on CNS: Analgesics, antipyretics, narcotics, anti-inflammatory, antiepileptic, sedatives, hypnotics, tranquilizers, anticonvulsants, stimulants, psychotherapeutics, alcohol
  - c) Pulmonary effects of general and local anesthetic agents
  - d) Drugs acting on CVS: antihypertensive, vasoconstrictors, vasodilators, diuretics, mucolytic agents. Drugs that influence myocardial contractility and heart rate.
  - e) Drugs acting on Respiratory system: bronchodilators, drugs used in inhalation therapy, drugs acting on CNS and cardiorespiratory system which influence the physical exercise.
5. Antimicrobial Agents
6. Immunological agents and vaccines
7. Chemotherapeutic agents
8. Endocrine Pharmacology: thyroxin, glucocorticoids, anabolic steroids, calcitonin, insulin and hypoglycemic agents
9. The vitamins





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## 10. Irritantscounterirritants



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| Course Code | CourseName   | CourseOutcome   |
|-------------|--------------|---|
| FPB120102   | PHARMACOLOGY | CO1: Recall pharmacological classifications of drugs commonly used in physiotherapy, demonstrating knowledge of drug actions and indications.<br>CO2:<br>Identify whether the pharmacological effect of the drug interferes with the therapeutic response of physiotherapy and vice versa<br>CO3: Apply pharmacological knowledge to develop safe and effective treatment plans, considering individual patient characteristics and potential drug interactions.<br>CO4: Analyze the pharmacokinetics and pharmacodynamics of specific drugs used in physiotherapy, understanding how variations in drug response may impact therapeutic outcomes |



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## 4. EXERCISE THERAPY II (FPB120103)

### OBJECTIVES:

At the end of the course the candidate will be able to

1. Describe the biophysical properties of connective tissue and the effect of biomedical loading and factors which influence the muscle strength and mobility of articular and periarticular soft tissue.
2. Acquire the skill of assessment of isolated & group muscle strength, & Range of motion of the joints subjectively & objectively
3. To demonstrate general fitness, exercise and shall gain fitness for oneself

### Syllabus

1. **Passive movements:** Definition, types, technique, effects and uses, CPM unit, comparison of active with passive movements for all joints of extremities, neck and trunk.  
**Stretching:** Definitions related to stretching, types of contractures and differentiation properties of soft tissues affecting elongation and aims of stretching, manual and mechanical stretching, cycle mechanical stretching, indications and aims of stretching, principles and contraindications  
**Traction:** types, effects, principles of application for cervical and lumbar spine, traction to soft tissues of joints – gliding movements
2. **Mobilization:** causes of restriction of R.O.M., prevention of restrictions, techniques of mobilization of various joints of limbs to mobilize joint R.O.M. through functional diagonal patterns, joint mobilization; manipulation-definition, types; joint shapes, types of motion; stretching, glides, compression, traction, indications, contraindications, precautions and conditions for special precautions.
3. **Advance soft tissue Mobilization:** Basic principles of MET (Muscle Energy Technics), MFR (Myofascial Release Technics), PRT (Positional Release Therapy), NTM (Neural Tissue Mobilization).
4. **M.M.T.:** need of M.M.T., uses, fundamental principles, anatomical and physiological basis, Oxford scale of muscle gradation, principles of isolation, substitution, stabilization, grading procedure for muscles of extremities, neck and trunk. Voluntary control of movement gradation by Bobath, Brunnstrom.
5. **Posture:** Types, factors influencing posture, regulation of posture and posture mechanism, pelvic tilt and postural deviations of spine and its treatment. Crawling exercises: principles, types, effects and uses of Clapp's crawl
6. **Strengthening of muscles (PRE):** Principles involved to prevent muscle wasting, Rood's technique of initiating muscle contraction, progressive strengthening of muscles (loads assisted and resisted exercises), use of equi





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ment, reeducation of



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- muscles and restoration of functions, practice of strengthening of muscles of limbs, neck, trunk and face, emphasis on hand and foot muscles, quadriceps, glutei, triceps, deltoid and face muscles, use of manual and mechanical resistance, contraindications, isometric and isokinetic exercises regime, plyometrics, MET (Muscle Energy Techniques)
7. **Proprioceptive Neuromuscular Facilitation:** Introduction, responses of NM mechanism, basis techniques of PNF patterns of arm, leg, neck, head and trunk (emphasis on straight patterns), specific techniques of emphasis-repeated contractions slow reversal, contract and relax, hold and relax, rhythmic stabilization, inhibitory techniques, Bobath Rood's and Kabat.
  8. **Relaxation:** Muscle tone, postural tone, general and local relaxation techniques of relaxation
  9. **Neuro Muscular coordination:** Factors governing coordination, principles of free education, Frenkel's exercises and its techniques
  10. **Functional Reeducation:** Mat activities for re education of hemiplegics, paraplegics and cerebral palsy, walking re education in neurological and orthopedic conditions.
  11. **Aerobic exercises:** Physiological effects and therapeutic uses, fitness testing, stress testing for healthy and convalescent individuals. Pharmacological aspects of exercises.
  12. **Breathing exercises:** Mechanisms of normal breathing, muscles of respiration, changes in thoracic cage during the process of respiration, segmental and diaphragmatic breathing exercises, pursed lip breathing, FET, breathing mechanisms and postural drainage, assistive measures, techniques, indications and contraindications
  13. **Hydrotherapy:** Physiological properties of water and hydrodynamics, physiological and applications of Bad Ragaz Technique, indications and contraindications

| Topic Distribution for Paper Setting |               |
|--------------------------------------|---------------|
| Section                              | Topic Sr. No. |
| I (40 Marks)                         | 1-6           |
| II (40 Marks)                        | 7-13          |





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| Course Code | CourseName          | CourseOutcome   |
|-------------|---------------------|---|
| FPB120103   | EXERCISE THERAPY II | CO1: Describe advanced principles of exercise physiology, biomechanics, and rehabilitation strategies, demonstrating knowledge of specialized concepts in exercise therapy<br>CO2: Demonstrate general fitness, exercise and shall gain fitness for oneself.<br>CO3: Apply advanced exercise prescription principles to design and implement comprehensive rehabilitation programs for complex musculoskeletal and neurological conditions.<br>CO4: Acquire the skill of assessment of isolated & group muscle strength, & Range of motion of the joints subjectively & objectively |



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## 5. KINESIOLOGY(FPB120104)

### OBJECTIVES:

At the end of the course the candidate will be able to

1. Acquire the skill of assessment of isolated and group muscle strength subjectively and objectively.
2. Analyze normal human posture and its associated problems, its management.
3. Analyze the various normal musculoskeletal movements during breathing, gait and daily living activities and in terms of biomechanical and physiological principles.

### Application of

1. **Mechanics of joint motion:** Structure and types of joints and types of movements
2. **Mechanics of muscular action:** Classification of muscles, line of pull, types of contractions, role of muscles and tendons, action of two joint motions, non customary action
3. **Skilled Movements:** Rope climbing, cycling, running, ballistic and volitional movements
4. **Impetus:** Impetus to external objects and receiving impetus
5. **Locomotion:** Normal gait analysis: definition of gait, phases of normal gait, normal gait with kinetic and kinematics, abnormal pathological gaits, gait training
6. **Biomechanics of joints:** Kinetics, kinematics and patho-mechanics of joint – hip, knee, ankle, foot, shoulder, elbow, wrist and hand
7. **Biomechanics of spinal column:** Spinal curves, articulations, non contractile soft tissue of column, IV disc, ligaments, intrinsic equilibrium, movements of spinal column and muscle mechanics
8. **Mechanics of pelvic complex:** Pelvis at rest, in standing body and in motion, pathomechanics of pelvis
9. **Mechanics of thorax:** Movements between ribs and vertebrae, sternum and ribs, pathomechanics of respiration
10. **Postural strain and occupational hazards:** Correct use of body mechanics at home, at school and work, recreation, particular application for patients, physiotherapists and other staff.
11. **Kinetics and kinematics of ADL:** Supine to sitting, Sitting to standing, Squatting, Climbing up and down, pushing, pulling, overhead activities, walking, running, Jogging.





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| CourseCode | CourseName  | CourseOutcome   |
|------------|-------------|---|
| FPB120104  | KINESIOLOGY | CO1: Acquire the skill of assessment of isolated and group muscle strengths subjectively and objectively.<br>CO2: Recall the major anatomical structures and functions involved in human movement, demonstrating knowledge of the principles of kinesiology.<br>CO3: Apply kinesiology to optimize movement patterns in various activities, such as sports, ergonomics, and rehabilitation exercises.<br>CO4:<br>Analyze the various normal musculoskeletal movements during breathing, gait and daily living activities and in terms of biomechanics and physiological principles. |



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## 6.PSYCHIATRY(FPB120105)

### OBJECTIVES:-

At the end of the course, the student will be able to

1. Enumerate various psychiatric disorders with special emphasis to movement, pain and ADL & describe the various causative factors and methods of assessment and management
2. Acquire the knowledge in brief about the pathological and etiological factors, common signs and symptoms and management of various psychiatric conditions
3. Describe in brief the various treatment modalities commonly used.

### SYLLABUS:-

#### 1. Mental health:

- a) Normal Mental Health
- b) Criteria of normality or matured personality
- c) Factors contributing to normal mental health.

#### 2. Study of Abnormal Personality:

- a) Neurotic
- b) Hysterical
- c) Psychotic
- d) Paranoid
- e) Schizoid
- f) Psychopathic etc.

#### 3. General Etiological Factors:

- a) Hereditary
- b) Genetical Constitutional
- c) Acquired
- d) Traumatic
- e) Infective
- f) Toxic
- g) Degenerative
- h) Social and Environmental including pathogenic family patterns
- i) Precipitating causes
- j) Frustration and conflicts.

#### 4. Symptomatology and Treatment of Psychoses:

- a) Functional - Functional Schizophrenic, reaction group, simple, paranoid, catatonic, hebephrenic paranoid state, paranoia, juvenile, schizophrenia, autistic thinking, dementia.
- b) Organic-Toxic confused states, senile psychoses, arteriosclerotic, degenerative, G.P.I.  
Affective Disorders: Dynamics of Mania, hypomania, chronic mania, M.P.D.







Involuntal depression, senile depression, postpartum and depressivereactions,reactive neuroticdepression,endogenousdepression,suicide(egoistic,Altruistic, Anomic)EpilepticDisorders:Epileptic Psychoses.

**5. Neurosis:**

a)Symptomatology,diagnosisandtreatmentandpsychodynamicsofanxietystate,hysteria, conversionreaction,dissociativereaction,dualpersonality,obsessionalneurosis, phobias,hypochondriasis, neurastheniaand mentalfatigue.

**6. MentalRetardation:**

a) Definition,  
b) Etiologicalfactors-Prenatal,postnatal,infective,hormonal,congenital.

c)Types of mental retardation, clinical types-microcephaly, hydrocephalus, mongot, familyldiocy, phenylketonuria etc. Symptomatology of various grades of retardation, differentialdiagnosisandtreatments.

**7. ChildPsychology:**

a) Behavior disorders - Nail biting, Enuresis, Truancy, Thumb sucking, Speechdifficulties,Pica,Vomiting,Anorexia,delinquency.

**8. IntroductiontodynamicsofPsychophysicaldisorders:**

- a) Asthma,skinrashes,hypertension,boweldisorders.
- b) Introductiontotreatmentinpsychiatry-E.C.T.,Insulin,comatherapy.
- c)Drug therapy - Tranquilizer, Mood elevators, hypnotics and sedatives, Psychotherapy - Deep and superficial, individual and group, expressive, suppressive, environmentalmanipulation,re-educative.
- d) Psychodrama
- e) Psychoanalysis
- f) PlayTherapy

| Course Code | CourseName | CourseOutcome   |
|-------------|------------|---|
| FPB120105   | PSYCHIATRY | CO1: Recall major psychiatric disorders, understanding the diagnostic criteria and classifications in psychiatry.<br>CO2: Enumerate various psychiatric disorders with special emphasis to movement,painandADL &describethevarious causativefactors andmethodsofassessmentandmanagement<br>CO3: Acquiretheknowledgeinbriefaboutthepathologicalandetiologicalfactors, common signs and symptoms and management of variouspsychiatricconditions<br>CO4: Analyze the impact of psychiatric disorders on a patient's physical and emotional well-being, recognizing the interplay between mental and physical health. |





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## 7.ELECTROTHERAPY(FPB120106)

### OBJECTIVES

At the end of the course the candidate will be able to

1. Recall the Physics – Principles and laws of electricity, Electromagnetic spectrum, Ultrasound
2. Describe the electrical mains supply, Electric shock – precautions
3. Describe and identify various types of electrodes used in therapeutics, resistance offered by the skin and significance of various media used to reduce the same
4. Describe the production, physiological effects, therapeutic uses, merits/demerits, indications and contraindication of various Low, Medium and High frequency currents and modes. Describe the panel diagrams of the machine
5. Acquire the skill of application of Low, Medium and High frequency currents on model for the purpose of treatment
6. Describe the physiological effects and therapeutic uses of various therapeutic ions to be used for the application of iontophoresis
7. Describe the effects of electromagnetic field at the cellular level and risk factors on prolonged exposure
8. Describe the physiological effects and therapeutic uses of various topical pharmacotherapeutic agents to be used for the application of phonophoresis
9. Acquire an ability to select the appropriate mode as per the tissue specific and area specific application.

### Syllabus

#### 1. LOW FREQUENCY CURRENTS

- a) **Review of physics:** Current, electricity, Ohm's law, Resistance, Rheostats, potentiometers, Electromagnetic induction, capacitors, valves, semiconductors and transistors
- b) **Nerve Muscle Physiology:** Resting potential, action potential, propagation of action potential, motor unit, synapse and synaptic transmission of impulses. Effect of negative and positive electrodes on nerve & accommodation
- c) **Electric shock:** Causes, severity, treatment and precautions Earth shock and its precautions
- d) **Faradic Current:** Definition, characteristic and modified faradic current, sinusoidal current, parameters of faradic stimulation, physiological and therapeutic effects of faradic-stimulation. Indication, contra-





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indicationsandprecautions,techniquesof



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Stimulation-  
group muscle stimulation, faradic foot bath, faradism under pressure and Pelvic floor muscle  
re-education

**Interrupted Direct Current:** Introduction & characteristics, Parameters of Stimulation, physiologic  
aland therapeutic uses of stimulation, precautions

- e) **Galvanic Current:** Introduction & characteristics, Parameters of stimulation, physiological and therapeutic uses of stimulation, precautions
- f) **Iontophoresis:** Definition, principles of iontophoresis, physiological and therapeutic uses, indications, techniques of iontophoresis, principles of treatment, contraindications and dangers
- g) **TENS:** Definition, types, Theories of pain modulation emphasizing on "Paingate" theory, techniques of treatment, indication and contra-indications

## 2. MEDIUM FREQUENCY CURRENT

- a) **Interferential current:** Definition, characteristics, physiological & therapeutic effects of Interferential current, techniques of application, indications, contraindications and precautions
- b) **Bio-feedback:** Introduction, principles of Bio-feedback, therapeutic effects of biofeedback, Indications and contra-indications, techniques of treatment
- c) **Advanced Electrotherapy:** Computerization in electrotherapy, Programming of parameters of treatment, appropriate selection of parameters and combination therapy, Combination therapy-principles, therapeutic uses and indications like, Ultrasound therapy with stimulation or TENS etc.
- d) Introduction to Russian current, Dia-dynamic current, HVPGS and Microcurrents
- e) Electrical currents for Care of the wound

## 3. HIGH FREQUENCY CURRENT

- a) **Short Wave Diathermy (SWD):** Introduction, physiological effects and Therapeutic effects of SWD, methods of application (capacitor field method and cable method etc.) Techniques of treatment, indication, contra-indications and dangers.
- b) **Pulsed SWD:** Definition, characteristics, mechanism of work, physiological effects and therapeutic effects, indications, techniques of application, principles of treatment and contra-indications
- c) **Ultrasonic Therapy:** Introduction and characteristics, Ultrasound Therapy parameters, coupling media, therapeutic effects, indications contra-indications and dangers, testing of apparatus, techniques of application & dosage, Phonophoresis
- d) **Electromagnetic waves:** Electromagnetic spectrum, physical properties of electromagnetic radiations-reflection, refraction, absorption penetration, Grothus' law, Cosinew law, Inverse square law and its practical application
- e) Cellular bio-physics – reception and emission of





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electromagnetic signals Environmental currents and fields – risk  
factors on prolonged exposure to electromagnetic field  
f) InfraRed Rays (IRR): Production of infrared rays, luminous and non-luminous



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generators, penetration, technique of application, physiological effects and therapeutic uses of infra-red rays, duration and frequency of treatment, indications and contraindications, dangers and precautions.

- g) Ultra Violet Rays( UVR): Production of UVR, test dose, physiological effects of UVR dosimetry in UVR. PUVA
- h) LASER: Introduction and characteristics, effects on tissue, therapeutic effects, principles of application, indications, contra-indications and dangers
- i) Microwave Diathermy (MWD): Introduction and characteristics, physiological effects, therapeutic effects, techniques of application and principles of treatment, indications, contra-indications and dangers
- Superficial heat modalities: Structure of the apparatus, composition of wax and mineral oils physiological effects and therapeutic uses of wax bath, technique of application
- j) Other Heating Modalities: Heating pad, moist heat and fluid therapy
- k) Cry therapy: Physiological effects and therapeutic uses of ice therapy, Techniques of application, contra-indication to ice treatment
- l) Hydrotherapy: Properties of water buoyancy, effects of buoyancy on movement, Hubbard tank, contrast bath, whirlpool bath
- m) Care of the wound: UVR, LASER and Ultrasound
- n) Recent advances in Electro-physiotherapy: High intensity laser, Shock wave, PEMF (Pulse Electro Magnetic Energy), Spinal Decompression, Pneumatic Compression therapy, FES, virtual reality training.

| Topic Distribution for Paper Setting |                                 |
|--------------------------------------|---------------------------------|
| Section                              | Topic Sr. No.                   |
| I(40 Marks)                          | Low & Medium frequency currents |
| II(40 Marks)                         | High frequency current          |

| Course Code | Course Name | Course Outcome |
|-------------|-------------|----------------|
|-------------|-------------|----------------|







|               |                    |  |
|---------------|--------------------|--|
| FPB12<br>0106 | ELECTROTHER<br>APY | CO1: Apply electrotherapy to select and administer appropriate modalities for specific patient conditions, considering individualized treatment goals and safety precautions.<br>CO2: Describe various types of electrodes used in therapeutics, resistance offered by the skin and significance of various media used to reduce the same<br>CO3: Describe the principles of electrotherapy, including the physiological effects of different electrical modalities used in physiotherapy.<br>CO4: Explain the indications and contraindications of various electrotherapeutic modalities, understanding their applications in different clinical scenarios. |
|---------------|--------------------|--|





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## 8. Miscellaneous Medicines (FPB120107)

### **RADIOLOGY** (Not for University Exam)

#### **OBJECTIVES**

At the end of the course the candidate will be able to

1. Identify common chest conditions together with basic traumatic, infective, inflammatory and degenerative conditions and bone/skeletal
2. Read CT, MRI of different joints.

#### **Syllabus**

1. Introduction to Radiology
2. Importance of Radiology in Physiotherapy
3. X-rays of fractures of different bones in the body
4. X-rays of different stages of fracture healing
5. X-rays of different Orthopedic conditions - Osteoarthritis, Rheumatoid arthritis
6. Cervical & lumbar spondylosis, foot deformities etc.
7. X-rays of common chest conditions
8. C.T Scan, M.R.I., Angiography, 3D reconstruction of bones & joints

### **ENT** (Not for University Exam)

#### **OBJECTIVES:**

At the end of the course the candidate will be able to:

Identify common ear, nose, throat conditions together with basic traumatic, infective, inflammatory and degenerative conditions and skeletal, muscular or any other structural abnormalities

#### **SYLLABUS:**

1. Anatomy & Physiology of Hearing: Assessment & Management of Hearing Loss
2. Introduction to Disease of ENT: Otitis media, Sinusitis & Rhinitis
3. Facial Nerve Palsy: Causes & Management
4. Larynx & Associated functional paralysis with tracheostomy & Care of tracheostomy
5. Vertigo: Causes, Assessment & Management.

### **OPHTHALMOLOGY** (Not for University Exam)

#### **OBJECTIVES:-**

At the end of the course, the students will be able to

1. Acquire knowledge of structure and function of the eye



2. Describe etiology, patho-physiology, sign and symptoms and clinical evaluation of common ophthalmic conditions related to Physiotherapy

**SYLLABUS:-**

1. Common eye diseases, including Refractory errors, conjunctivitis, and trachoma.
2. Cataract and glaucoma.
3. Squint and ptosis.
4. Eye lesions in leprosy, including causes, treatment and complications of lagophthalmos.
5. Causes, clinical features and treatment of disorders of ocular movement occurring in diseases such as myasthenia gravis, progressive supranuclear palsy and lower motor neuron diseases.
6. Causes, clinical features, treatment and prognosis in inflammatory disorders, vitamin A deficiency, emphasis on preventable causes and prophylactic measures.
7. Definition of blindness, and visual disability evaluation, investigative procedures used for testing visual failures.





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## 9.ALLIEDTHERAPEUTICS(FPB120108) (NotforUniversityexam)

### OBJECTIVES:-

Attheendofthecourse thecandidate willbeableto

1.Comprehendtheuseofvariousalliedtherapeuticsscienceinhealthcaredelivery.

### SYLLABUS:-

1. Acupunctureandacupressure:definition,principles,techniques,physiologicalandtherapeutic effects,contraindicationsand dangers
2. IntroductiontoNaturopathy
3. Magnetotherapy
4. YogaSana,pranayamaandtheirscientificstudy
5. Dryneedling(DN)
  - a) Introduction



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## 9. RECENT TRENDS (FPB120109) (Not for exam)

### PROFESSIONAL PRACTICE & ETHICS

#### OBJECTIVES:

At the end of the course the candidate will be able to:

1. Be able to understand the moral values and meaning of ethics
2. Acquire bedside manners and communication skills in relation with patients, peers, seniors and other professionals.
3. Be able to develop psychomotor skills for physiotherapist-patient relationship.
4. Skill to evaluate and make decision for plan of management based on sociocultural values and referral practice.
5. Be able to develop behavioral skills and humanitarian approach while communicating with patients, relatives, society at large and co-professionals
6. Be able to develop bedside behavior, respect & maintain patients' confidentiality.

#### SYLLABUS:-

1. Ethical code of concept
2. Communication skills
3. Physiotherapist-patient relationship
4. Interviews – Types of interview, skills of interviewing

### EVIDENCE BASED PRACTICE & ICF

#### OBJECTIVES:-

At the end of the course the candidate will be able to

1. Understand concept of Evidence Based Practice and its implementation in Physiotherapy
2. Search, review and use the evidences in Physiotherapy

#### SYLLABUS:-

##### Introduction to Evidence Based Practice

Definitions, Evidence Based Practice, Evidence Based Physiotherapy Practice

##### Concepts of Evidence based

**Physiotherapy** Awareness, consultation, judgment, creativity  
**Development of Evidence based knowledge**





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The individual professional, professionals within a discipline, professionals across disciplines

## **Evidence Based Practitioner**

The reflective practitioner, the E model



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## THIRD YEAR BACHELOR OF PHYSIOTHERAPY

### 1. MEDICINE-I (FPB130101)

### GENERAL MEDICINE

#### OBJECTIVES

At the end of the course, the candidate will be able to

1. Acquire the knowledge of Etiology, Patho-physiology, signs and symptoms and management in brief, of the infectious diseases, diseases of metabolism especially obesity and other related medical conditions, diseases of hemato-poietic system, diseases of glandular system & endocrine disorders
2. Describe etiology, patho-physiology, sign and symptoms, clinical evaluation and management of the various cardio-vascular and respiratory disorders with interpretation of investigations: chest x-ray, Echocardiography, blood gas analysis, blood investigations and pulmonary function test
3. Acquire the knowledge of auto-immune & rheumatological conditions with special emphasis to those involving musculoskeletal system and skin, with regard to etiology, pathophysiology, signs and symptoms, differential diagnosis and medical management of same

#### SYLLABUS:-

1. **Respiratory Diseases:** Lung function tests, pneumonia, ILD, Respiratory failure, pulmonary edema, pulmonary embolism, lung abscess, bronchiectasis, asthma, emphysema, pleural effusion, Pneumothorax, empyema, chronic bronchiectasis,
2. **Cardio Vascular Diseases:** Rheumatic fever, valvular lesions, congestive cardiac failure, ischaemic heart diseases (Angina pectoris and myo-cardial infarction) stress test, hypertension, peripheral vascular diseases (TAO, Raynaud's disease).
3. **Endocrinal Disorders:** Diabetes mellitus, obesity, thyrotoxicosis, myxedema.
4. **Gastro-intestinal Disorders:** Peptic ulcer, pancreatitis, dysentery and diarrhea, inflammatory bowel diseases, jaundice, cirrhosis of liver.
5. **Infectious Disease:** Tuberculosis, malaria, typhoid, infective hepatitis, tetanus.
6. **Nutritional Disorder:** Vitamins and its deficiencies, disorders including rickets and osteomalacia, anaemia.
7. **Urogenital System:** Structure and functions of kidneys including physiology of micturition, acute and chronic renal failure, glomerulo-nephritis, pyelonephritis.
8. **Rheumatology:** Rheumatoid arthritis, ankylosing spondylitis, gout, osteoarthritis



Spondyloarthritis, systemic lupus erythematous, polyarteritis nodosa, mixed connective tissue disorders, scleroderma.

| CourseCode | Course Name      | CourseOutcome  |
|------------|------------------|--|
| FPB130101  | GENERAL MEDICINE | <p>CO1: Recall the major diseases and conditions within the scope of general medicine and dermatology, demonstrating basic knowledge of common medical disorders and skin conditions</p> <p>CO2: Acquire knowledge in structure and function of the skin and about various primary, secondary and special skin lesions related to systemic disorders</p> <p>CO3: Describe etiology, clinical features, and management of bacterial, fungal, viral, allergic, autoimmune skin diseases</p> <p>CO4: Apply general medicine to conduct comprehensive patient assessments, including history-taking and physical examinations, recognizing symptoms and signs related to medical and dermatological issues</p> |



## SKIN&V.D.(DERMATOLOGY)

### OBJECTIVES:-

At the end of the course, the students will be able to

1. Acquire knowledge in structure and function of the skin and about various primary, secondary and special skin lesions related to systemic disorders
2. Describe etiology, clinical features and management of bacterial, fungal, viral, allergic, autoimmune skin diseases
3. Acquire knowledge in sexually transmitted diseases and leprosy.

### SYLLABUS:-

1. Structure and function of normal skin, primary and secondary skin lesions.
2. Scabies and pediculosis.
3. Fungal infections of skin: Dermatophytosis, Pityriasis versicolor, Candidiasis.
4. Bacterial infections of skin- Impetigo/Boil.
5. Viral infections of skin- Herpes zoster.
6. Eczema/Dermatitis/Allergies.
7. Psoriasis/Acne/Alopecia/Vitiligo and Leucoderma.
8. Leprosy/Leprosy-reaction/Physiotherapy in leprosy.  
Sexually transmitted diseases: Syphilis-primary & secondary, Gonorrhoea, Chancroid, AIDS.

| Course Code | Course Name               | Course Outcome  |
|-------------|---------------------------|---|
| FPB130101   | SKIN & V.D. (DERMATOLOGY) | CO1: Recall the major diseases and conditions within the scope of general medicine and dermatology, demonstrating basic knowledge of common medical disorders and skin conditions<br>CO2: Acquire knowledge in structure and function of the skin and about various primary, secondary and special skin lesions related to systemic disorders<br>CO3: Describe etiology, clinical features, and management of bacterial, fungal, viral, allergic, autoimmune skin diseases<br>CO4: Apply general medicine to conduct comprehensive patient assessments, including history-taking and physical examinations, recognizing symptoms and signs related to medical and dermatological issues |



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## MEDICINE-II (FPB130102)

### NEUROLOGY

#### **OBJECTIVES:-**

At the end of the course, the candidate will be able to

1. Describe etiology, patho-physiology, sign and symptoms, clinical evaluation and management of the various neurological conditions with interpretation of laboratory & radiological investigations.

#### **SYLLABUS:-**

1. Anatomy, Physiology, Lesions and diseases of Pyramidal system, extra-pyramidal system, cerebellar system, spinal cord, upper and lower motor neuron, cranial nerves, brachial plexus, lumbosacral plexus and peripheral nerves.
2. Causes, Clinical features, and management of: Unconscious patient, hemiplegia, paraplegia, quadriplegia, cerebral diplegia, spastic child, foot drop and wrist drop.
3. Disorders of cerebral circulation.
4. Infections: Encephalitis, meningitis, poliomyelitis, transverse myelitis, slow viral diseases.
5. Diseases of Peripheral nerves: Peripheral neuropathy, other neuropathies.
6. Muscular disorders: Myopathy, polymyositis, Muscular dystrophies.
7. Degenerative diseases: Parkinsonism, myasthenia gravis motor neuron diseases, spinocerebellar degenerations and diseases of anterior horn cell, dementia.
8. Costo-clavicular syndrome.
9. Demyelinating disorders including multiple sclerosis.
10. Basic concept of electrophysiology and electromyography.
11. Giddiness and vertigo





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| CourseCode | Course Name | CourseOutcome   |
|------------|-------------|---|
| FPB130102  | NEUROLOGY   | CO1: Underline common neurological and pediatric disorders, demonstrating knowledge of developmental milestones and neurological conditions affecting various age groups.<br>CO2: Describe neuromuscular, Musculoskeletal and cardiopulmonary conditions related to immunological conditions, nutritional deficiencies, infectious disease, and genetically transmitted conditions.<br>CO3: Acquire clinical examination of a neonate / child with respect to neurological, musculoskeletal, and respiratory function.<br>CO4: Apply neurology and paediatrics to assess and treat children and adults with neurological conditions, adapting interventions based on age-specific considerations. |



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## PAEDIATRICS

### OBJECTIVES:-

At the end of the course the candidate will be able to

1. Describe normal development and growth of a child, importance of immunization and breastfeeding and psychological aspect of development
2. Describe neuromuscular, musculoskeletal and cardiopulmonary conditions related to immunological conditions, nutritional deficiencies, infectious disease and genetically transmitted conditions
3. Acquire skill of clinical examination of a neonate/child with respect to neurological, musculoskeletal and respiratory function.

### SYLLABUS:-

1. Growth and development of a child from birth to 12 years, including physical, social, adaptive development.
2. The maternal and neonatal factors contributing to high risk pregnancy, the neonate, inherited diseases, maternal infections - viral and bacterial, maternal diseases incidental to pregnancy, induced hypertension, chronic maternal diseases such as heart diseases, renal failure, tuberculosis, diabetes, epilepsy, bleeding in the mother at any trimester.
3. Community programmes: International (WHO), national and local, for prevention of poliomyelitis, blindness, deafness, mental retardation and hypothyroidism, the immunization schedule for children.
4. Cerebral Palsy: Etiology- prenatal, perinatal and postnatal causes, pathogenesis, types of cerebral palsy (classification), findings on examination, general examination, examination of C.N.S., musculoskeletal system, respiratory system, G.I. Tract and nutritional status.
5. Associated defect- downs syndrome, Mental retardation, microcephaly, blindness, hearing and speech impairment, squint and convulsions.





6. Prevention - Appropriate management of high risk pregnancies, prevention of neonatal and postnatal infections, metabolic problems.
7. Muscular Dystrophy: Various forms, modes of inheritance and clinical manifestation, physical findings in relation to disabilities, progression of various forms and prognosis, treatment goals inform which are not fatal.
8. Spina bifida, Meningocele: Development, clinical features - lower limbs, bladder and bowel complications - U.T.I. and hydrocephalus, medical management.
9. Still's Disease: Classification, pathology in brief, physical findings, course and prognosis, treatment, prevention and correction of deformity.
10. Acute C.N.S. infections, Classification (Bacterial and Viral), the acute illness, C.N.S. sequelae leading to mental retardation, blindness, deafness, speech defect, motor paralysis, bladder and bowel problems, seizure disorder and specific problems such as subdural effusion, hydrocephalus, pressure sores, feeding difficulties.
11. Normal diet of newborn and child: List dietary calorie, fat, Protein, mineral and vitamin requirements in normal child and in a child with malnutrition. Childhood obesity. Etiology, findings, and treatment of rickets, vitamin D deficiency, and resistant rickets.
12. Lung infections: Clinical findings, complications, and medical treatment of bronchiectasis, lung abscess and bronchial asthma.

| Course Code | Course Name | Course Outcome   |
|-------------|-------------|--|
| FPB130102   | PAEDIATRICS | <p>CO1: Underline common neurological and pediatric disorders, demonstrating knowledge of developmental milestones and neurological conditions affecting various age groups.</p> <p>CO2: Describe neuromuscular, Musculoskeletal and cardiopulmonary conditions related to immunological conditions, nutritional deficiencies, infectious disease, and genetically transmitted conditions.</p> <p>CO3: Acquire clinical examination of a neonate / child with respect to neurological, musculoskeletal, and respiratory function.</p> <p>CO4: Apply neurology and paediatrics to assess and treat children and adults with neurological conditions, adapting interventions based on age-specific</p> |







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### 3.SURGERY(FPB130103)

## GENERAISURGERY&PLASTICSURGERY&NEUROSURGERY

### OBJECTIVES:-

Attheendofthecourse,thestudentwillbeableto

1. Describetheeffectsofsurgicaltraumaand anesthesiaingeneral
2. Classify,clinicallyevaluateanddescribethesurgicalmanagementinbriefin  
a)wounds-ulcersb) burns
3. Describepre-  
operativeevaluation,surgicalindicationsandvariousurgicalapproachesinvariousabdominalconditi  
onsandperipheralvascularconditions
4. Recall the surgical approaches in the form of line diagram and will be able to describe  
thecomponentsofsofttissuescuttoeachthetargettissue,andthepossiblepost-  
operativecomplicationsinmovement
5. Clinically evaluate post-operative abdominal conditions with special reference to the cardio-  
vascularandpulmonaryfunction,describepost-operativemanagementinbrief.
6. Describe the management of head injury, spinal surgeries, intracranial tumors, peripheral  
nervelesionsand pain

### SYLLABUS:-

1. Acute infections, Inflammatory fever, bacteremia, septicemia, pyemia, toxemia. Specific types -  
Cellulitis- sites lymphangitis, abscesswithspecialreferencetohandinfection,carbuncle.
2. Specific types cont'd: Tetanus, gas gangrene, hospital infection,cross infection with modes  
ofspreadandprevention,Generalsurveyofchronicinflammations,Syphilis(referencetoother



venereal diseases) leprosy, actinomycosis.

3. General survey of trauma, pathology and clinical features of wound repair - primary, secondary and tertiary wound healing, Clean wounds, contaminated wounds and infectious wounds, Principles of treatment, survey of factors affecting wound healing, Ulcers and gangrene, Post-operative complications of abdominal surgery specifically chest, wound infection, oedema.
4. Burns as a specific type of severe trauma, classification, early and late complications, management, & reconstructive surgery - skin grafting as an example of plastic procedure.
5. Types of skin grafting - take of grafting - healing of grafting, Post operative care of plastic surgery with specific role of physiotherapy,
6. Outline of surgical disorders of brain-head injuries.

General survey of surgical disorders of spine and spinal cord problem of paraplegia, malignancy - spread and its behavior, various abdominal incisions, abdominal drainages, tubes, catheters and nasogastric tubes, ward demonstration for an hour a day for a period of one week.

7. Anesthesia, O.T. demonstrations.
8. Neck, skin contractures and correction.
9. Problems of trauma to hand and their management, Urinary tract infection.
10. Principles of cineplasty, tendon transplant, cosmetic surgery types of grafts, surgery of hands with emphasis on management of traumatic and leprosy hand.
11. Breast – surgery
12. Neurophysiology- NeuroPhysiology, basis of tone, disorders of tone and posture, bladder control, muscle contraction, movement and pain with clinical features and management of the following
  - a) Congenital and childhood disorders - hydrocephalus, spina bifida
  - b) Trauma - Broad localization, first aid and management of skull of head injury and spinal



cord injury.

- c) Diseases of the Spinal Cord - Craniovertebral junction anomalies, syringomyelia, cervical and lumbar disc disease, tumors.
- d) Peripheral nerve disorders - Peripheral nerve injuries, localization & management. Entrapment neuropathies.
- e) Intracranial tumors - Broad classification, signs and symptoms.
- f) Pre-operative assessment and indications and contraindication for neurosurgery in intracranial tumors
- g) Management of pain, electrical stimulation of brain and spinal cord.
- h) Miscellaneous.

Clinical: Operation Theater (O.T.) Visit

## **CARDIOTHORACIC SURGERY**

### **OBJECTIVES:-**

At the end of the course, the student will be able to

1. Describe types of incision, pre and post-operative assessment and complications of Cardio-thoracic surgery and their management
2. Clinically evaluate post-operative cardio-vascular and pulmonary function status
3. Read and interpret investigations including findings of the x-ray chest, CT scan and MRI scan.



## SYLLABUS:-

1. Basic anatomy of chest wall, trachea and bronchial tree, lungs and bronchopulmonary segments, pleura and mediastinum.
2. Physiology and mechanics of breathing and use of mechanical breathing-ventilator: (respirators).
3. Pulmonary function tests.
4. Investigation of lung diseases including endoscopies.
5. Chest injury.
6. Common suppurative diseases of lung- Bronchiectasis, lung abscess.
7. Bronchogenic carcinoma
8. Common surgeries of chest  
Thoracoplasty, pulmonary  
dissections, thoracotomy. Pneumothorax,  
hydrothorax- Pneumothorax, empyema.
9. Common diseases of oesophagus and related conditions causing dysphagia.
10. Surgery of portal hypertension.
11. Surgery of pulmonary tuberculosis.
12. Surgery of heart and great vessels.
13. Basic anatomy of heart, great vessels.
14. Investigation of patient undergoing cardiac surgery.



15. Cardiac arrest, its management.
16. Basic principles of open heart surgery, Heart lung bypass (Extra Co-portal circulation)
17. Common diseases of heart requiring surgery both congenital and acquired including open heart surgery.
18. Common drugs used in cardiac surgery, its uses, side effects.
19. Common vascular surgery, Embolectomy, vascular reconstructive surgery, (Thrombosis, Embolism, atherosclerotic and occlusive vascular diseases including coronary artery bypass)

### Clinical:

1. Examination of patients as regards chest & heart diseases.
2. Demonstration - Acquaintance with C.T. Surgery,
3. Equipments, I.C.C.U.O.T.
4. Radiology - X-ray studies - X-ray chest in various lung diseases.

| Course Code | Course Name  | Course Outcome  |
|-------------|--|---|
| FPB130103   | SURGERY<br>1. GENERAL SURGERY & PLASTIC SURGERY<br>& NEURO SURGERY<br>2. CARDIO THORASIC | CO1: Underline surgical, obstetric, and gynaecological procedures and conditions, demonstrating knowledge of the anatomical and physiological aspects relevant to physiotherapy practice.<br>CO2: Classify, clinically evaluate, and describe the surgical management in brief (a) wounds - ulcers (b) burns<br>CO3: Describe pre-operative evaluation, surgical indications and various surgical approaches in various abdominal conditions and peripheral vascular conditions<br>CO4: Apply surgery, obstetrics, and gynecology to conduct pre- and post-operative assessments, developing tailored physiotherapy plans for optimal recovery. |





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|--|---------|--|
|  | SURGERY |  |
|--|---------|--|



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## OBSTETRICS AND GYNECOLOGY

### OBJECTIVES:-

At the end of the course, the student will be able to

1. Describe the normal and abnormal physiological events during the puberty, labor, puerperium, post-natal stage and menopause
2. Discuss various complications during pregnancy, labor, puerperium and postnatal stage, pre- and post-menopausal stage and various aspects of urogenital dysfunction and the management in brief
3. Acquire knowledge in brief about intrauterine development of the fetus
4. Acquire the skill of clinical examination of the pelvic floor
5. Acquire the skill of the clinical examination of pregnant woman

### SYLLABUS:-

1. Anatomy and physiology of the female reproductive organs. Puberty dynamics.
2. Physiology of menstrual cycle-ovulation cycle, uterine cycle Cx. cycle, Duration, amount.
3. Hormonal regulation of menstruation.
4. Diagnosis of pregnancy.
5. Abortion
6. Physiological changes during pregnancy.
7. Antenatal care.
8. High risk pregnancy.
9. Normal labour.
10. Normal puerperium and postnatal.
11. Family planning.
12. Medical Termination of pregnancy (MTP).



13. Infection of female genital tract including sexually transmitted diseases, low backache.
14. Prolapse of uterus and vagina.
15. Principles of common gynaecological operations Hysterectomy
16. Menopause and its effects
17. Sterility.

**Clinical: Operation Theater (O.T.) Visit**

| Course Code | Course Name                  | 1. Course Outcome  |
|-------------|------------------------------|--|
| FPB130103   | OBSTETRICS<br>AND GYNECOLOGY | CO1: Underline surgical, obstetric, and gynaecological procedures and conditions, demonstrating knowledge of the anatomical and physiological aspects relevant to physiotherapy practice.<br>CO2: Classify, clinically evaluate, and describe the surgical management in brief (a) wounds- ulcers (b) burns<br>CO3: Describe pre-operative evaluation, surgical indications and various surgical approaches in various abdominal conditions and peripheral vascular conditions<br>CO4: Apply surgery, obstetrics, and gynecology to conduct pre- and post-operative assessments, developing tailored physiotherapy plans for optimal recovery. |



## 4. PHYSICAL & FUNCTIONAL DIAGNOSIS (FPB130104)

### OBJECTIVES:-

At the end of the course, the candidate will be able to

1. Describe the human development & maturation; with special emphasis to psychomotor development, maturation & alteration during aging process
2. acquire the skill of detection & objective documentation of the neurological, musculoskeletal, cardiovascular & pulmonary dysfunctions such as pain, altered muscle power, mobility, endurance, limb length, posture, gait, hand function & A.D.L. in adult & pediatric conditions & acquire skill to arrive at the Functional diagnosis as per International Classification of Functioning (ICF)
3. Describe the physiology of nerve impulse, motor unit, its electro-physiological character and acquire the skill of performance and interpretation of various electro-diagnostic tests in the assessment of peripheral nerve lesions
4. Be able to do interpretation of common investigations used to arrive at the Physical & Functional diagnosis.
5. SYLLABUS:-

### 2. General principles of Human development & maturation

- a) Aspects: physical, motor, sensory, cognitive, emotional, cultural, social
  - b) Factors influencing human development & growth: Biological, environmental, inherited.
  - c) Principles of maturation - in general - in anatomical directional pattern cephalo – caudal, proximo – distal, centro – lateral, mass to specific pattern, gross to fine motor development
  - d) Reflex maturation tests
5. Development in specific fields: Oromotor development, sensory development, neurodevelopment of hand function

### 3. Electrodiagnosis



a) Bioelectricity-Physiology of generation & propagation of action potential, volume conduction



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- b) Therapeutic current-as a tool for electrodiagnosis
- c) Physiological principles, use of alternating & direct currents in electro-diagnosis such as sensory & Pain threshold, Pain tolerance, -Short & long pulse test, S.D. curves, Chronaxie & Rheobase, accommodation ratio,
- d) Principles of nerve conduction studies, later responses\*
- e) E.M.G. instrumentation, basic components, panel diagram, types of electrodes
- f) Principles of Electro- myography, motor unit–Normal characteristics-activity at rest, recruitment/frequency pattern at minimal activity, Interference pattern.

#### **4. Assessment of Neurological dysfunction**

- a) Higher functions, cranial nerves, sensations & sensory organization, body image, tone, reflexes: superficial & deep, voluntary control, muscle strength, coordination, balance, posture, gait
- b) Scales: FRT, Berg's Balance, modified Ashworth, Glasgow Coma, TUG, FIM
- c) Functional diagnosis using ICF
- d) Interpretation of electrodiagnostic findings, routine biochemical investigations

#### **5. Assessment of Musculoskeletal Dysfunction**

- a) Tightness, deformity, joint mobility, muscle strength, limb length, trick movement, girth, posture, gait, special tests
- b) Functional diagnosis using ICF
- c) Interpretation of X-ray of extremities & spine, routine bio-chemical investigations, CT scan, MRI
- d) Assessment of pelvic floor muscle strength and function. Digital evaluation of vagina. Perineometer. Pad test
- e) Disability Evaluation – gait and gait parameters, percentage of disability (temporary and permanent)

#### **6. Assessment of cardio-pulmonary dysfunction**

- a) Vital parameters, chest expansion, chest excursion, breath holding test, breath sounds, rate of perceived exertion (RPE), peak flow rate
- b) Exercise Tolerance: six minutes' walk test, shuttle test, theoretical bases of Bruce's protocol, step test
- c) Ankle Brachial Index, tests for peripheral arterial & venous circulation
- d) Functional diagnosis using ICF
- e) Interpretation of X-ray chest, routine bio-chemical investigations, ABG, PFT, ECG (normal values)



## 7. Assessment of pain

- Intensity & quality
- Objective assessment & documentation: VAS, Numerical Rating Scale. Other scales

## 8. Assessment of Hand

- Sensations, mobility of joints, strength
- Special tests
- Hand function: Precision & power grips

## 9. Assessment of Obesity

- Classification
- Assessment – BMI, Waist circumference, Waist–Hip ratio
- Introduction to Quality of Life Questionnaire

## 10. Assessment of wounds.

**PRACTICALS:** Skills to be practiced on peer/model

| Course Code | Course Name                            | 3. Course Outcome   |
|-------------|--|---|
| FPB130104   | PHYSICAL<br>& FUNCTION<br>AL DIAGNOSIS | CO1: Recall the key principles and techniques of physical examination for various body systems<br>CO2: Demonstrating assessment tools and diagnostic methods<br>CO3: Describe the physiology of nerve impulse, motor unit, its electrophysiological character and acquire the skill of performance and interpretation of various electro-diagnostic tests in the assessment of peripheral nerve lesions<br>CO4: Evaluate the reliability and validity of various physical assessment tools, considering their utility in different patient populations and clinical settings. |





## 5. ORTHOPADICS (FPB130105)

### ORTHOPADICS (TRAUMATIC)

#### OBJECTIVES

At the end of the course, the student will be able to

1. Discuss the clinical manifestations and conservative/surgical management of various traumatic and cold cases of the musculo-skeletal conditions
2. Traumatic including both operative and non-operative
3. Gain the skill of clinical examination and interpretation of the preoperative cases and all the post-operative cases
4. Read and interpret salient features of the x-ray of the spine and extremities, and correlate the radiological findings with the clinical findings.

#### Syllabus

1. **Introduction:** Fracture, dislocation and injuries of the upper limb. Briefly mention general principles of Orthopedic surgery, definition and scope, brief history
2. **Fracture & dislocations:** Causes, types, mechanisms, displacement, general symptoms, healing, principles of treatment, complications, malunion, delayed union, non-union, myositis ossificans, Volkmann's ischaemic contracture, Fat embolism, Sudeck's osteodystrophy
3. **Injuries to the hand:** Types (open, closed), principles of treatment, injuries to the phalanges, sprains, dislocations of MP & IP joints, fractures of the phalanges, metacarpals, Bennet's fracture, mallet finger, tendon injuries (flexor & extensor)

**Wrist & Forearm injuries:** Wrist dislocation, Colle's fracture, displaced epiphysis, Smith's fracture, Barton's fracture, injuries to carpal, scaphoid and sprains, fractures of forearm bones – greenstick fracture. Intra-articular injury, both bone



- fracture, Galleazi, Monteggia fracture dislocation
4. **Injuries to the elbow:** Traumatic synovitis, sprain, dislocation of elbow joint
  5. **Fractures involving elbow joint:** Supracondylar fracture, intercondylar fracture, fracture medial epicondyle, fracture of lateral condyle, myositis ossificans, Volkmann's ischaemic contracture, fracture of the head of the radius, fracture of olecranon
  6. **Injuries of shoulder and arm:** Fractures of the proximal end, neck and shaft of humerus, fractures of clavicle, acromioclavicular and sternoclavicular dislocations, fractures of the scapula
  7. **Injuries of the spine:** Injuries to the cervical spine (Both upper and lower), atlanto-axial injuries, Dorso Lumbar spine: classification, mechanism and types of injuries, stable fracture without paraplegia, fracture dislocation with paraplegia, management of fracture, management of paraplegia, bed sore, and bladder care
  8. **Injuries of the pelvis:** Fractures, its mechanism, classification, management, Fractures of acetabulum, sacrum and coccyx
  9. **Injuries of the lower limb:** Dislocations of the hip joint, intracapsular and trochanteric fractures of femur, fractures of the neck of femur, fracture of the shaft of femur, fracture femur in children  
Fracture of femoral condyles, tibial condyles and patella. Injuries to extensor mechanism, contusion, haemarthrosis, knee joint dislocation and traumatic dislocation of patella  
Fracture and fracture dislocation of ankle, epiphyseal injury lower end of tibia Foot-fracture of talus, calcaneum, metatarsals, and phalanges
  10. **Soft tissue injuries:** Ligamentous injuries of ankle, knee and injury to Muscles. Orthopaedic splints and appliances for injuries to muscles and tendons
  11. **Tendon transfer:** Principles, indications, common tendon transfer surgeries



**12. Amputation** :Types, site, ideal stump, complications, general principles of treatment Upper extremity and lower extremity amputations – prosthesis and prosthetic service

Principles of operative management, indications, and contraindications for arthroplasty, osteotomy, arthrodesis, spinal stabilization, arthroscopy

**13. Limb reattachment:** Principles, indications, technique.

**Clinical: Operation Theater (O.T.) Visit**

**ORTHOPADICS (NON-TRAUMATIC)**

## OBJECTIVES

At the end of the course, the student will be able to

1. Discuss the patho-physiology, clinical manifestations and conservative/surgical management of various non-traumatic cases of the musculo-skeletal conditions
2. Non-traumatic including both operative and non-operative
3. Gain the skill of clinical examination and interpretation of the preoperative cases
4. Read and interpret pathological/biochemical studies pertaining to orthopedic conditions and correlate the radiological findings with the clinical findings

## SYLLABUS

### 1. General Orthopedics

- a) Clinical examination of an orthopedic patient, investigations, radiological



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and imaging techniques (salient features)



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- b) Deformities,acquireddeformities,causesandprinciplesofmanagement,splinting
- c) Traction:procedures,materials
- d) Preventiveorthopedics
- e) Geriatricorthopedics

## 2. Congenital disorders

- a) Torticollis,wryneck,kyphosis,lordosis,scoliosis,spinabifida,myelomeningocele,congenitaldislocationofhip,congenitalgenurecurvatum,talipsequinovarus
- b) Elevationofscapula,madelung'sdeformity,coxavara
- c) Endocranialdystosis,superiorradio-ulnadysostosis,sternocleidomastoidtumor

## 3. Infection of bones & joints

- a) Osteomyelitis(acuteandchronic),Brody'sabscessasacomplicationofopenfracture
- b) Skeletaltuberculosis,principlesoftreatment,T.B.ofshoulder,elbowandwristT.B.ofhip,kneeankle, andfoot
- c) Dactylitis,cariesrib

## 4. Arthritis

- a) Acute pyogenic arthritis, septic arthritis of infancy, smallpox arthritis, Syphilitic infection of joint, Rheumatoid arthritis, osteoarthritis

## 5. Bone tumors

- a) Classification, true bone tumors- osteosarcoma, giant cell tumor, Ewing's sarcoma, chondroblastoma, chondrosarcoma, fibrosarcoma, lymphoma of bone, plasmacytoma
- b) Bone metastasis: synovial sarcoma, hemangioma of bone, adamantinoma of long bones and chondroma
- c) Tumor like lesions: osteoid osteoma, benign osteoblastoma, nonosteogenic fibroma, osteoma, osteochondroma and enchondroma

## 6. Neurological and Muscular disorders

- a) Definition, causes, clinical feature, complications, management (Multidisciplinary approach)



- medical and surgical of the following conditions: Cerebral palsy, Poliomyelitis, Leprosy
- Muscular dystrophy – types and treatment
  - Injuries to plexus and nerves: Radial, Ulnar, Median, Brachial plexus, Sciatic and Lateral Popliteal

## 7. Regional conditions of Spine and Lower limb

- Back: Kyphosis, Scoliosis, Spondylolisthesis, Lumbosacral strain, intervertebral disc prolapse, fibro-sitis back, Lumbar canal stenosis, sacroiliac strain, spondylosis, spondylolysis
- Hip: Slipped capital femoral epiphysis, idiopathic chondrolysis of hip
- Knee: Genu valgum, genu varum, tibia vara, genu recurvatum, quadriceps fibrosis, recurrent dislocation of patella, bursa around the knee, loose bodies in the knee, chondromalacia patella
- Foot: Painful heel, Plantar fasciitis, Posterior heel pain, flatfoot, foot strain, pain in forefoot, Hallux valgus, anterior metatarsalgia

## 8. Regional conditions of Neck and Upper limb

- Neck: Cervical spondylosis, intervertebral disc prolapse, Cervical rib, torticollis, Brachialgia
- Shoulder: Supraspinatus tendinitis, calcification, rupture of rotator cuff, peri-arthritis shoulder, deltoid fibrosis, subacromioid bursitis, Bicipital tendinitis
- Elbow: Tennis elbow, Golfers elbow, recurrent slipping of ulnar nerve, cubitus varus and valgus
- Wrist and Hand: Ganglion, De Quervain's disease, trigger finger, trigger thumb, carpal tunnel syndrome and Dupuytren's contracture
- Miscellaneous: metabolic disease, rickets, osteomalacia, osteoporosis, parathyroid osteodystrophy, scurvy etc.

| Topic Distribution for Paper Setting |                            |
|--------------------------------------|----------------------------|
| Section                              | Topics                     |
| I                                    | Orthopedic (Traumatic)     |
| II                                   | Orthopedic (Non-Traumatic) |



| CourseCode | CourseName  | 1.CourseOutcome   |
|------------|---|---|
| FPB130105  | ORTHOPADICS<br>(TRAUMATIC)<br>&<br>ORTHOPADICS(NON-<br>TRAUMATIC) | CO1: Recall common orthopaedic conditions and musculoskeletal disorders<br>CO2: Gain the skill of clinical examination and interpretation of the preoperative case and all the post-operative cases<br>CO3: Read and interpret salient features of the x-ray of the spine and extremities, and correlate the radiological findings with the clinical findings.<br>CO4: Apply knowledge of orthopaedics to conduct thorough musculoskeletal assessments, identifying impairments, functional limitations, and participation restrictions |





## 6. PREVENTIVE & SOCIAL MEDICINE (FPB130106)

### OBJECTIVES:-

At the end of the course the candidate will be able to

1. Describe the concept of health and diseases, natural history of diseases
2. Describe the health administration at various levels (centre and state), health care delivery at urban and rural areas
3. Describe the health problems of vulnerable groups and national health programmes
4. Explain principles and philosophy of health education and health education tools
5. Describe the role of various health agencies, NGOs at international and national level
6. Identify occupational health hazards and its management

### SYLLABUS:-

#### 1. General concept of health & disease

With reference to natural history of disease with pre-pathology phase

#### 2. The role of socioeconomics in communities

#### 3. Epidemiology and scope

#### 4. Public health administration

Overall view of the health administration set up at central and state levels. Health care delivery programmes in urban and rural areas, health, and population statistics

#### 5. The national health programs



Highlighting the role of social, economic and cultural factors in the implementation of the National programs

## **6. Health problems of vulnerable groups**

Pregnant and lactating women, infants and pre-school children, occupational groups and geriatrics

## **7. Occupational health**

- a) Definition, scope, occupational diseases and hazards
- b) Social security and other measures for the protection from occupational hazards, accidents, and diseases

## **8. Family planning**

- a) Objectives of national family planning programs and family planning methods
- b) General idea of advantages and disadvantages of methods

## **9. Mental health**

Community aspects of mental health: role of physiotherapists/therapists in mental health problems such as mental retardation

## **10 .Nutrition and Health**

Classification of foods, nutritional profiles of principal foods, nutritional problems in public health, community nutrition programmers

## **11. Environment and Health**

Components of environment, water and air pollution and public health: Pollution control, disposal of waste, medical entomology

## **12. Communicable diseases**

13. An overall view of communicable diseases classified according to principal mode of transmission. Role of insects and other vectors



## **14. International health agencies**

## **15. Principles and process of communication**

## **16. IEC (Information Education and Communication)**

## **17. Health education**

- a) Philosophy, main principles and objectives
- b) Methods and tools of health education individual and group methods
- c) The role of profession in health education
- d) Role of other personal in health education, co-ordination and co-operation, health education with other members of the health team
- e) Elements of planning health education programmes

## **18. Hospital waste management**

Sources of hospital waste, health hazards, waste management

## **19. Disaster Management**

Natural and man-made disasters, disaster impact and response, relief phase, Epidemiologic surveillance and disease control, nutrition, rehabilitation, Disaster preparedness



| CourseCode | CourseName                | 1.CourseOutcome  |
|------------|---------------------------|--|
| FPB130106  | PREVENTIVE&SOCIALMEDICINE | <p>CO1: Recall key principles of preventive medicine, including health promotion, disease prevention, and community health strategies</p> <p>CO2: Explain the social determinants of health and their impact on individual and community well-being, understanding the broader context of healthcare.</p> <p>CO3: Apply principles of preventive and social medicine to design and implement community-based health programs, considering cultural, economic, and environmental factors</p> <p>CO4:<br/>Explainprinciplesandphilosophyofhealtheducationandhealtheducationtools</p> |



## 7.RECENTTRENDS (FPB130107)

### PROFESSIONALPRACTICE&ETHICS

#### OBJECTIVES:

Attheendofthecoursethecandidatewillbeableto:

1. beabletounderstandthemoralvaluesand meaningofethics
2. Acquirebedside mannersandcommunicationskillsinrelationwithpatients,peersseniorsandotherProfessionals.
3. beabletodeveloppsychomotorskillsforphysiotherapistpatientrelationship.
4. Skilltoevaluateandmakedecisionforplanofmanagementbasedonsocioculturalvaluesandreferralpractice.
5. beabletodevelopbehavioralkillsandhumanitarianapproachwhilecommunicatingwithpatients,relatives,societyatlarge andco-professionals
6. beabletodevelopbedsidebehavior,respect,&maintainpatients'confidentiality.

#### SYLLABUS:-

1. Collecting data on psychosocial factors inMedicine/Surgery/ReproductiveHealth/Pediatrics
2. Interprofessionalcommunication
3. Ethicsinclinicalpractice



## 10.1 EVIDENCE BASED PRACTICE & ICF

### OBJECTIVES:-

At the end of the course the candidate will be able to

1. Understand concept of Evidence Based Practice and its implementation in Physiotherapy
2. Search, review and use the evidences in Physiotherapy

### SYLLABUS:-

#### Finding the Evidence

Measuring outcomes in Evidence Based Practice, measuring health outcomes, measuring clinical outcomes, inferential statistics and causation

#### Searching for the Evidence

Asking questions, identifying different sources of evidence

#### Assessing the Evidence

Evaluating the evidence; levels of evidence in research using quantitative methods, levels of evidence classification system, outcome measurements, biostatistics, the critical review of research using qualitative methods

#### Systematically reviewing the evidence



Stages of systematic reviews, Metaanalysis, the Cochran collaboration

## Using the evidence

Building evidence in practice, critically appraised topics (CATs)

## International Classification of Function, Disability, and Handicap



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## **FINAL YEAR BACHELOR OF PHYSIOTHERAPY**

### **1. PHYSIOTHERAPY IN NEUROLOGICAL CONDITIONS (FPB140101)**

#### **OBJECTIVES**

At the end of the course, the candidate will be able to

1. Acquire the knowledge of normal neurodevelopment with specific reference to locomotion.
2. Assess, identify and analyze neuro motor and psychosomatic dysfunction in terms of alteration in the muscle tone, power, coordination, involuntary movements, sensations, perception etc.
3. Correlate the assessment findings with provisional diagnosis and investigations such as EMG/NCS and arrive at Physical and functional diagnosis with clinical reasoning in various neuromuscular disorders.
4. Plan, prescribe and execute short term and long-term treatment with special reference to relief of neuropathic and psychosomatic pain and use of various physiotherapeutic techniques/ modalities, including ergonomic advice and parent education in neuropediatric cases
5. Prescribe appropriate orthoses/splints and fabricate temporary protective and functional splints.

#### **SYLLABUS:-**

1. Review of basic neuroanatomy and physiology
2. Physiotherapy techniques to improve tone, voluntary control, co-ordination
3. Neuro physiotherapeutic Techniques: Concepts, principles, techniques and effects of: NDT, PNF, Brainstorm movement therapy, Vojta therapy, Rood's sensory motor





approach, Contemporary task-oriented approach.

4. Application of skills as PNF, co-ordination, functional re-education, balancing exercise by using techniques based on neurophysiological principles.
5. Tools used for neurorehabilitation like vestibular balls, tilt board etc..
6. Application of transfer, functional re-education exercises & gait training
7. Bladder training.
8. Developing a philosophy for caring.
9. Prescription of appropriate orthotic devices & fabrication of temporary splints
10. Lifting techniques, wheel chair modifications, adaptive devices.
11. Ergonomic advice for prevention/rehabilitation to the patients/parents/caregivers
12. Education about handling of patient.

### **13. Pediatric Neuro-physiotherapy**

Use of various Neurophysiological approaches & modalities in high-risk babies, minimum brain damage, developmental disorders, Cerebral palsy, Down's syndrome, Hydrocephalus, Spina bifida

### **14. Assessment & management of brain Disorders**

Stroke, Meningitis, Encephalitis, Head Injury, Parkinson's disease, parkinsonism syndromes, Multiple sclerosis, Brain tumors

### **15. Assessment & management of spinal cord lesions and bladder dysfunction**

Multiple sclerosis, transverse myelitis, Poliomyelitis/PPRP, syringomyelia, spinal cord injury and sub-acute combined degeneration of spinal cord, Motor neuron disease (ALS, SMA and

other

types), spinal tumors

### **16. Assessment & Management of Co-ordination Disorders**

Ataxia, Friedreich's ataxia, Cerebellar ataxia, Sensory ataxia

### **17. Assessment & Management of Muscle Disorders**

Muscular dystrophy (DMD) & other myopathies

### **18. Assessment & Management of disorders of neuromuscular junction**

Myasthenia Gravis

### **19. Assessment & management of neuropathies and nerve injuries**

Emphasis on 5th, 7th and 8th cranial nerves, Peripheral nerves, Polyneuropathy - Classification of Polyneuropathies

### **20. pre-and post-surgical assessment & management in neurosurgery**



Hydrocephalus and myelomeningocele, C.V. junction anomalies, syringomyelia

**21. Electrodiagnostic procedures and prognosis in neurological disorders**  
SD curves, EMG & NCS.

| Course Code | Course Name                                    | 3. Course Outcome   |
|-------------|--|---|
| FPB140101   | PHYSIOTHERAPY<br>IN NEUROLOGICAL<br>CONDITIONS | <p>CO1: Recall the major neurological conditions and disorders</p> <p>CO2: Assess neuromotor and psychosomatic dysfunction in terms of alteration in the muscle tone, power, coordination, involuntary movements, sensations, perception etc.</p> <p>CO3: Demonstrating knowledge of the anatomical and physiological basis of neurological impairments.</p> <p>CO4: Explain the impact of neurological conditions on motor control, sensory function, and cognitive abilities, demonstrating an understanding of the complexity of neurological rehabilitation</p> |



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## **2. PHYSIOTHERAPY IN MUSCULO-SKELETAL CONDITIONS (FPB140102)**

### **OBJECTIVES**

1. At the end of the course the candidate will be able to 1. Identify, discuss and analyze the musculoskeletal dysfunction in terms of biomechanical, kinesiological and biophysical basis and correlate the same with the provisional diagnosis, routine radiological and electro physiological investigations and arrive at appropriate physical and functional diagnosis with clinical reasoning
2. Describe as well as acquire the skill of executing short and long term physiotherapy treatment by selecting appropriate modes of mobilization/ manipulation, electrotherapy, therapeutic exercise and appropriate ergonomic advise for the relief of pain, restoration / maintenance of function & / or rehabilitation for maximum functional independence in ADLs at home & workplace
3. Understand the nature of sports injuries, able to evaluate and treat sports injuries, understand the role of physiotherapist in training and rehabilitating a sports person
4. Prescribe appropriate walking aids, orthoses and prosthesis

### **SYLLABUS:-**

Anatomy of bones and soft tissues (musculoskeletal system)

1. Evaluation, interpretation of investigations & functional diagnosis (ICF) with appropriate clinical reasoning for planning & implementation of management techniques
2. Planning, Prescription & Implementation of short term & long term goals with clinical reasoning
3. Documentation
4. Different physiotherapeutic techniques for functional restoration/maintenance and prevention of disability



5. Different electrotherapeutic techniques for relief of acute and chronic pain, swelling, wound healing, re-education with clinical reasoning
6. Different physiotherapeutic techniques to improve/maintain muscle performance
7. Different physiotherapeutic techniques to increase joint mobility.
8. Different physiotherapeutic strategies for correction/maintenance of good posture
9. Different physiotherapeutic strategies to improve efficiency and safety of gait pattern
10. Prescription of appropriate orthotic & prosthetic devices & fabrication of simple temporary splints.
11. Appropriate Home Program & Ergonomic advice for preventive measures & Functional efficiency at home & workplace
- 12. Physiotherapy approach in traumatology**  
Definition of fracture, classification of fracture, signs and symptoms of fracture, healing fracture, factors affecting healing, methods of reduction, complications of fracture
- 13. Physiotherapy assessment in fracture cases**  
Principles of PT management in fractures - Guidelines for fracture treatment during period of immobilization and guidelines for treatment after immobilization period  
Physiotherapy and management of upper limb fractures and dislocations, lower limb fracture and including pelvis and spinal fracture
- 14. Physiotherapy assessment & management of soft tissue injury**  
Contusion, sprains, strains, ruptures
- 15. Physiotherapy assessment & management of degenerative conditions**  
Osteoarthritis (OA) with emphasis on Knee, Hip and Hand cervical spondylosis, lumbar spondylosis
- 16. Physiotherapy assessment & management of inflammatory conditions**



Osgood  
Schlatterdisease

Rheumatoidarthritis(RA),ankylosingspondylitis(AS),Still'sdisease,gout,periartthritis,bursitis,synovitis,capsulitis,tendinitis,tenosynovitis,fasciitis,

**17. PhysiotherapyassessmentandmanagementofinfectiveConditions**

Tuberculosis (TB) of spine and other major joints, osteomyelitis, pyogenic arthritis,Septicarthritis

**18. Physiotherapy assessment & management of congenital and acquired deformities**

Congenital-  
CTEV, CDH, Torticollis, pesplanus, pescavus, Sprengel's scapula Madelung's deformity  
Acquired: scoliosis, kyphosis, coxavara, genuvarum, valgum and recurvatum, wryneck

**19. Physiotherapyassessment & management ofspinalconditions**

Spondylolisthesis, Spinal canal stenosis, Spondylolysis, Intervertebral disc prolapse, Sacroiliac joint dysfunction, Coccydynia Sacralisation, Lumbarisation, Spinabifida

occulta

**20. Physiotherapyassessment&managementofamputations**

Definition, indications, types, levels of amputation of lower and upper extremities, pre and post operative assessment and management with emphasize on stump care and bandaging, pre and post prosthetic training and complete rehabilitation

**21. Rehabilitationofpatientwithorthopedicsurgery**

Pre and post-operative management of arthroplasty of all major joints, girdle stone arthroplasty, arthrodesis, arthroscopy, oosteotomy Reattachment of limb

**22. Physiotherapyassessment&managementofre-constructivesurgery**

Cerebral Palsy, poliomyelitis, leprosy

**23. Physiotherapyassessment&managementofhandinjury**

**24. Physiotherapyassessment & management of metabolic**

disorders

and hormonal of the bone tissue





Osteoporosis,rickets,osteomalacia

25. **Physiotherapy assessment & management of miscellaneous orthopedic conditions** Mallet finger, trigger finger, Dequerian's disease, metatarsalgia, hallux valgus, Dupuytren's contracture, thoracic outlet syndrome, chondromalacia patellae, ganglion, tennis elbow, plantar fasciitis

## 26. Sports Medicine

Introduction & classification of sports injury  
Aetiological factors  
Prevention of sports injury  
Frequency and site of injury  
Investigation and assessment in sports injury

## 27. Management of sports

injuries  
Pharmacology in sports  
Rehabilitation in sports

| Topic Distribution for Paper Setting |              |
|--------------------------------------|--------------|
| Section                              | Topic Sr.No. |
| I(40Marks)                           | 1-20         |
| II(40Marks)                          | 21-27        |





| CourseCode | CourseName   | 5.CourseOutcome  |
|------------|--|--|
| FPB140102  | PHYSIOTHERAPY<br>IN MUSCULO-<br>SKELETALCONDI<br>TIONS | CO1: Identify the musculoskeletal dysfunction in terms of biomechanical, kinesiological and biophysical basis.<br>CO2: Recall common musculoskeletal conditions and injuries, demonstrating knowledge of anatomy, biomechanics, and tissue pathology relevant to musculoskeletal physiotherapy<br>CO3: Understand the nature of sports injuries, able to evaluate and treat sports injuries, understand the role of physiotherapist in training and rehabilitating a sports person<br>Prescribe appropriate walking aids, orthoses, and prosthesis.<br>CO4: Apply advanced assessment techniques to diagnose musculoskeletal conditions and design evidence-based rehabilitation programs, considering individual patient goals and needs. |



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### **3. PHYSIOTHERAPY IN CARDIORESPIRATORY & MEDICAL SURGICAL CONDITIONS (FPB140103)**

#### **PHYSIOTHERAPY IN CARDIO- PULMONARY CONDITIONS OBJECTIVES**

At the end of the course the candidate will be able to

1. Identify, discuss and analyze cardiovascular and pulmonary dysfunction based on pathophysiological principles and arrive at the appropriate physical and functional diagnosis.
2. Select strategies for cure, care and prevention to adopt restorative and rehabilitative measures for maximum possible functional independence of a patient at home, work place and in community
3. Execute the effective physiotherapeutic measures (with appropriate clinical reasoning) with special emphasis to breathing retraining, nebulization, humidification, bronchial hygiene, general mobilization and exercise conditioning in general medical and surgical conditions
4. Acquire knowledge of the overview of patient's care at the intensive care area, artificial ventilation, suctioning, positioning for bronchial hygiene and continuous monitoring of the patient at the intensive care area
5. Acquire the skill of evaluation and interpretation of functional capacity using simple exercise tolerance tests, symptom limited tests
6. Acquire the skill of basic cardiopulmonary resuscitation

#### **SYLLABUS:-**





**1) Anatomy and physiology of respiratory & cardiac system**

Anatomy of thorax, biomechanics of thoracic cage, muscles of respiration, ventilation  
perfusion matching / mismatching, compliance

**2) Investigations and tests**

Submaximal/maximal exercise tolerance testing, Cardiac &  
Pulmonary radiographs, PFT, ABG, ECG, hematological and biochemical Tests

**3) Physiotherapy techniques to increase lung volume**

Positioning, breathing exercises, Neurophysiological facilitation of respiration, mechanical aids - Incentive spirometry, CPAP, IPPB

- 4) Physiotherapy techniques to decrease the work of breathing** Measures to optimize the balance between energy supply and demand, positioning, Breathing re-education - Breathing control techniques, mechanical aids: IPPB, CPAP, BIPAP

**5) Physiotherapy techniques to clear secretions**

Hydration, Humidification  
& Nebulization, Mobilization and breathing exercises, postural drainage,  
Manual techniques: Percussion, vibration  
and shaking, ACBT, Autogenic Drainage, Mechanical aids: PEP, Flutter, IPPB, facilitation of cough and huff, suctioning

**6) Physiotherapy in common complications following surgery And Drug therapy**

Drugs to prevent and treat inflammation, drugs to treat bronchospasm, drugs to treat breathlessness, drugs to help sputum clearance, drugs to inhibit coughing, drugs to improve ventilation, drugs to reduce pulmonary hypertension, drug delivery doses, inhalers and nebulizers

**7) Introduction to ICU & mechanical ventilator**

ICU monitoring - apparatus, airways and tubes used in the ICU - Physiotherapy in the ICU - common conditions in the ICU. Mechanical ventilator: types, modes of ventilator, advantages and disadvantages  
Oxygen therapy, CPR, aseptic precautions  
advantages and disadvantages Oxygen therapy, CPR, aseptic precautions



**8) Physiotherapy assessment & management techniques in Obstructive lung conditions**

Chronic bronchitis, emphysema, asthma, bronchiectasis, cystic fibrosis

**9) Physiotherapy assessment & management techniques in Restrictive lung conditions**

Rib fracture, Pleural effusion, pleurisy and empyema, pulmonary embolism, pulmonary tuberculosis, atelectasis, pneumothorax, bronchopulmonary fistula, pneumonia, ARDS

**10) Physiotherapy following Lung surgeries**

Pre and postoperative physiotherapy assessment and management in Lobectomy, Pneumonectomy, decortication, thoracoplasty

**11) Pulmonary Rehabilitation**

Definition, aims and objectives, team members, benefits, principles of exercise prescription and techniques of rehabilitation

**12) Anatomy and physiology of cardiovascular system**

Anatomy, blood supply and conduction system of heart

**13) Physiotherapy assessment & management for**

**cardiovascular disorders** Cardiovascular disease, congestive heart failure, myocardial infarction, valvular diseases of heart, cyanotic and acyanotic congenital heart diseases, endocarditis

**14) Cardiac Rehabilitation**

Definition, aims and objectives, team members, benefits, principles of Exercise prescription and techniques of rehabilitation

**15) Physiotherapy assessment & management of vascular diseases**

Venous: Thrombosis, phlebitis and phlebotrombosis, varicose veins, DVT, venous ulcers  
Arterial: Berger's disease, acute and chronic arterial occlusion, lymphedema

**PHYSIOTHERAPY IN GENERAL MEDICAL-SURGICAL CONDITIONS**

**OBJECTIVES:-**

1. Acquire knowledge of rationale of basic investigative approaches in the medical



system

andsurgicalintervention regimes relatedtocardiovascularandpulmonaryimpairment

2. Select strategies for cure, care and prevention to adopt restorative andrehabilitative measures for maximum possible functional independence of apatientat home, work placeandincommunity
3. Acquire the knowledge of evaluation and physiotherapy treatment for obstetrics andgynecologicalsurgical conditions
4. Acquiretheknowledgeofvariousconditionswherephysiotherapyplaysavital rolein therehabilitation(psychiatry,dermatologyandENTconditions)
5. Assessthevariousdegreesofburns,planandimplementphysiotherapytechniqu esfor therehabilitationof aburnandwound patient.

**1) Physiotherapyassessment&managementforabdominalsurgeries**urg eriesonuppergastro-intestinaltract- oesophagus- stomach- duodenum,surgeryonlargeandsmallintestine– appendicectomy,cholecystectomy,partialcolectomy, illieostomy,nephrectomy

**2) PhysiotherapyAssessment&managementinoncosurgeries** Mastectomy:simple,radical.Hysterectomy,prostatactomy,neckdissection

**3) Physiotherapyinobstetricsandgynecologysurgeries** Electrotherapy and exercise therapy measures following pelvic repairandcaesareansection.

**4) Wounds,localinfections,ulcers,pressuresores** UVR andotherelectrotherapeuticmodalitiesforhealing ofwound,preventionofhypergranulatedscars,relieffpainandmobilization

**5) Physiotherapyinburns,skingraftsandre-constructiveplasticsurgery**

**6) PhysiotherapyinENTconditions**

Nonsuppurativeotitismedia,chronicsuppurativeotitismedia,otosclerosis,labyrinthitis and



mastoidectomy resulting into facial palsy, laryngectomy, pharyngo – laryngectomy, tracheostomy and its care, sinusitis

**7) Physiotherapy in skin conditions**  
Leprosy, acne, alopecia, psoriasis, syphilis

**8) Physiotherapy in psychiatric conditions**  
Schizophrenia, depression, psychosis, anxiety

**9) Emergency Care**  
Basic Life Support, First aid & emergency care, Biomedical waste management

| Topic Distribution for Paper Setting |                              |
|--------------------------------------|------------------------------|
| Section                              | Topics                       |
| I (55 marks)                         | Cardiorespiratory conditions |
| II (25 marks)                        | Medical surgical conditions  |

| Course Code | Course Name  | 7. Course Outcome   |
|-------------|--|---|
| FPB140103   | PHYSIOTHERAPY IN CARDIORESPIRATORY & MEDICAL SURGICAL CONDITIONS | <p>CO1: Identify cardiovascular and pulmonary dysfunction based on pathophysiological principles and arrive at the appropriate physical and functional diagnosis.</p> <p>CO2: Explain the physiological responses to cardiorespiratory conditions and the impact on functional capacity, demonstrating an understanding of the challenges in cardiorespiratory rehabilitation.</p> <p>CO3: Acquire knowledge of the overview of patients care at the intensive care area, artificial ventilation, suctioning, positioning for bronchial hygiene and continuous monitoring of the patient at the intensive care area.</p> <p>CO4: Apply advanced assessment techniques to evaluate cardiorespiratory function and design individualized exercise and respiratory interventions for patients with diverse conditions.</p> |



## 4. COMMUNITY PHYSIOTHERAPY REHABILITATION AND ASSISTIVE TECHNOLOGIES (FPB140104)

### COMMUNITY PHYSIOTHERAPY REHABILITATION

#### OBJECTIVES: -

At the end of the course, the candidate will be able to

1. Describe the general concepts about Health, Disease & Physical fitness
2. Describe policies for the rehabilitation of disabled and Role of Council to promote physiotherapy as a health delivery system
3. Describe the strategies to assess prevalence & incidence of various conditions responsible for  
increasing morbidity in the specific community, role of physiotherapy in reducing morbidity,  
expected clinical & functional recovery, reasons for non-compliance in specific community & Environmental solution for the same
4. Describe the evaluation of disability & planning for prevention & rehabilitation
5. Describe CBR in urban & rural set up, WHO policies, concept of teamwork, role of multi-purpose health worker
6. (cultural) factors, causing high risk, responsible for various dysfunctions & morbidity related to lifestyle & specific community like women, aged, industrial workers  
&  
describe planning strategies of interventional policies to combat such problems.

#### SYLLABUS: -

##### 1) Concepts of community health

Preventive, promotive, restorative and rehabilitative W  
HO definition of health and disease  
Health delivery system - 3 tier

##### 2) Disability types

Physical & Psychological Evaluation, prevention & Legislation related to Persons with Disability (PWD)





### 3) CBR

Definition, principles, types (institutional, reach out and community), concepts, WHO policies Principles of Team work of medical practitioner, Physiotherapist, Occupational Therapist, Speech & Audiology Therapist, Prosthetist & Orthotist, Clinical psychologist, vocational counselor and social worker. Role of Physiotherapy in team, concept of multipurpose health worker, role of Physiotherapy and strategies in 3 tier Health delivery system, communication strategies.

### 4) Health Care

- Prevention, Promotion & Restoration
- In peri-pubertal age group
- In women - pregnancy and menopause
- In Geriatrics - neuromusculoskeletal, cardiovascular, pulmonary, metabolic and degenerative conditions
- In Obese/overweight
- In Cardiovascular and Pulmonary conditions
- In Diabetes
- Health promotion for all

### 5) Women and child care

- Antenatal exercises, Specific Breathing exercises, Relaxation, Postural training, Pelvic floor strengthening exercises with clinical reasoning
- Physiotherapy during labor
- Postnatal exercises program after normal labor/labor with invasive procedures with clinical reasoning
- Menopause - Osteoporosis, Mental health, Physiotherapy management
- Preterm babies
- Adolescent age group
- Nutritional disorders in women and children

### 6) Geriatrics

Physiology of aging, environmental changes and adaptations, balance and falls Role of Physiotherapy in geriatric population.

### 7) Physical fitness



Energysystem,Endurance,AerobicExercise,pacingofactivity.

### 8) Ergonomics

### 9) IQTesting

## REHABILITATIONANDASSISITIVETECHNOLOGIES

### OBJECTIVES:-

Attheendofthecourse,thecandidatewillbeableto

1. Acquireknowledgeaboutbiomechanicalprinciplesofapplicationofvarietyofaids&applianceusedforambulation,protection&prevention
2. Acquireinbriefknowledgeaboutvariousmaterialsusedforsplints/Orthosis&Prostheses  
andselectioncriteriafor splints/Orthosis&Prostheses
3. Acquiretheskilloffabricationofsimplesplintsmadeoutoflowcostmaterial.

### SYLLABUS: -

1. Introductionandterminology:prothesisandorthosis
2. Classificationoforthosisandprostheses
3. Bio-mechanicalprinciplesoforthoticapplication
4. Bio-mechanicalprinciplesofprostheticapplication
5. OrthoticappliancesforHip,Knee,Ankle&foot-  
Prescriptionanddesign&modification
6. Spinalconditionsinclusiveoffractures,spondylolisthesis,kyphosis,scoliosisetc.
7. Upperlimbconditions–splintingprescriptionswithprinciples
8. Prosthesis–
  - a. Upper&lowerlimb;endoskeletal&exoskeletal,
  - b. Hip,knee&footprostheticcomponentswithk-levels
  - c. Upperlimbs:cosmeticrestoration,terminaldevices(bodypowered),selfhelpdevices(adlequpments),myoelectric,microprocessor/sensorcotrolled(externallypowered)
  - d. Adaptivedevices
9. Psychological&Physiologicalaspectsoforthoticandprostheticapplication
10. MaterialusedinfavbricationofProsthetics&Orthoticsbriefly.
11. Mobilityaids:  
canes,crutches,walkingframes,walkers,wheelchairsmanual/electricallypowered.





| Topic Distribution for Paper Setting |  |
|--------------------------------------|--|
| Section                              | Topics                                 |
| I(55marks)                           | Community Physiotherapy Rehabilitation |
| II(25marks)                          | Assistive technologies                 |

| Course Code | Course Name   | 9. Course Outcome  |
|-------------|---|--|
| FPB140104   | COMMUNITY PHYSIOTHERAPY REHABILITATION AND ASSISTIVE TECHNOLOGIES AND REHABILITATION AND ASSISTIVE TECHNOLOGIES | CO1: Understand key principles and models of community-based rehabilitation, demonstrating knowledge of the diverse needs of individuals in community settings.<br>CO2: Explain the social determinants of health and their impact on community rehabilitation, understanding the importance of cultural competence and social inclusion.<br>CO3: Describe the evaluation of disability & planning for prevention & rehabilitation<br>CO4: Apply principles of community rehabilitation to design and implement programs that address the needs of individuals with disabilities in diverse community settings |



## 5. ETHICS AND MANAGEMENT (FPB140105)

### ETHICS

#### OBJECTIVES:

At the end of the course the candidate will be able to:

1. Understand the moral values and meaning of ethics.
2. Acquire bedside manners and communication skills in relation with patients, peers seniors and other professionals.
3. Develop psychomotor skills for physiotherapist patient relationship.
4. Develop skill to evaluate and make decision for plan of management based on sociocultural values and referral practice.
5. Develop behavioral skills and humanitarian approach while communicating with patients, relatives, society at large and co-professionals.
6. Develop bedside behavior, respect & maintain patients' confidentiality.
7. Understand the importance of council, its functioning and Act.

#### SYLLABUS: -

1. Outlines of Gujarat State Council for Physiotherapists (GSCPT) Act 2011 with more emphasis on formation, functions of council, importance for registration etc.
2. Ethical principles in health care services, research, teaching related to physiotherapy.
3. Scope of practice as patient manager, consultant, critical inquirer, educator, administrator.
4. Rules of professional conduct
  - Physiotherapy as a profession
  - Relationship with patients
  - Relationship at health care institution i.e. hospital, clinic etc.
  - Relationship with colleagues and peers
  - Relationship with medical and other professionals
5. Confidentiality and responsibility
6. Malpractice and negligence



7. Professional development, competence and expertise
8. Sale of goods: personal and professional standards
9. Legal aspects: legal responsibility of physiotherapists for their action in the professional context understanding liability and obligations in case of medico-legal action.

## **ADMINISTRATION, MANAGEMENT & MARKETING**

### **OBJECTIVES:**

At the end of course the student will be able to:

1. Learn the management basics in fields of clinical practice, teaching, research and physiotherapy practice in the community.
2. Acquire communication skills in relation with patients, peers, seniors and other professionals & the community.
3. Acquire the knowledge of the basics in managerial & management skills, & use of information technology in professional practice.
4. Develop psychomotor skills for physiotherapy practice.
5. Develop skill to evaluate and make decision for plan of management based on socio-cultural values and referral practice.
6. Develop behavioral skill and humanitarian approach while communicating with patients, relatives, society at large and co-professionals

### **SYLLABUS:**

1. Management studies related to local health care organization management & structure, planning delivery with quality assurance & funding of service delivery, information technology and career development in physiotherapy.
2. Administration-principles-based on the goal & functions at large hospital set up/domiciliary services/private clinic/academics.
3. Budget-planning.



4. Performance analysis-  
physical structure/reporting system (manpower, status, functions, quantity & quality of services, turnover, cost benefit revenue contribution)
5. Setting up therapeutic gymnasium, fitness clinics, cardiac and pulmonary rehab centers etc
6. Time management

| Course Code | Course Name  | 10. Course Outcome   |
|-------------|--|--|
| FPB140105   | ETHICS AND MANAGEMENT AND ADMINISTRATION, MANAGEMENT & MARKETING | <p>CO1: Acquire bedside manners and communication skills in relation with patients, peers seniors and other professionals.</p> <p>CO2: Understand the fundamental principles of medical ethics and healthcare management, demonstrating knowledge of ethical frameworks, regulations, and organizational structures</p> <p>CO3: Develop skill to evaluate and make decision for plan of management based on socio cultural values and referral practice.</p> <p>CO4: Apply ethical reasoning and decision-making skills to analyze and resolve complex ethical dilemmas in physiotherapy practice and healthcare management.</p> |





## 6. BIO-STATISTICS & RESEARCH METHODOLOGY (FPB140106)

### BIO-STATISTICS

#### OBJECTIVES:-

At the end of the course the candidate will be able to

1. Recognize different variables as per their types and should be able to decide on how to treat them differently as per requirement
2. Differentiate complete enumeration and various forms of sampling (random: Simple, stratified, cluster, multi stage; non random: snow ball, quota, purposive, convenient) with understanding of merits and demerits of them
3. Decide when to apply what test or a measure of central tendency according to the need of the data and OBJECTIVES
4. Interpret given output of regression or ANOVA according to the context.

#### SYLLABUS:-

1. Introduction to statistics in physiotherapy.
2. Understanding 'Data' and its types.
3. Presentation of various data: tables, graphs and descriptive statistics.
4. Measures of central tendencies (CT): mean, median, mode; merits and demerits; when to apply which measure of CT for the given data.
5. Measures of dispersion: range, mean deviation, standard deviation, coefficient of variance
6. Application of normal distribution and its properties.
7. Testing of hypothesis (measuring change): one sample with population, comparing two samples (Z test for proportion, difference of two proportion, independent sample 't' test, paired 't' test, chi square test).
8. Conceptual understanding of correlation, linear and multiple regression, analysis of variance (ANOVA) and analysis of co-variance (ANCOVA).





9. Complete enumeration and sampling methods: random: simple, stratified, cluster, multistage;  
nonrandom: snowball, quota, purposive, convenient.
10. Simple statistical analysis through excel.

## RESEARCH METHODOLOGY

### OBJECTIVES:

At the end of the course the candidate will be able to

1. Understand and differentiate various study designs.
2. List the need of methodical and regular literature research in research
3. Plan a study choosing an appropriate design for a given problem according to given objectives.

### SYLLABUS:-

1. What is research? Why research?
2. Types of epidemiological studies & measurements of various indications.
3. Possible errors that may generate due to study design & how to overcome them.
4. How to read and what to read from journals.
5. Role of research in Physiotherapy.
6. Components of research proposal –  
introduction and rationale, material & methods, results and discussion.
7. Where to look for good literature and why.
8. The Evidence Based Practice.



| CourseCode | CourseName  | 11. CourseOutcome   |
|------------|---|---|
| FPB140106  | BIO-<br>STATISTICS&RE<br>SEARCHMETHO<br>DOLOGY AND<br>RESEARCH<br>METHODOLOGY | CO1: Describe key statistical concepts, research design principles, and methodologies relevant to physiotherapy research.<br>CO2: Explain the fundamental principles of biostatistics, including probability, hypothesis testing, and statistical inference, understanding their applications in research.<br>CO3: Apply statistical techniques to analyze and interpret data from physiotherapy research studies, demonstrating proficiency in using statistical software.<br>CO4: Analyze research methodologies and study designs in physiotherapy literature, understanding the strengths, limitations, and potential biases in research studies. |



| FPB110101 HUMAN ANATOMY |                  |                           |                               |                           |                            |                              |      |      |
|-------------------------|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
| CO                      | PO               |                           |                               |                           |                            |                              |      |      |
|                         | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1                     | 3                | 2                         | 2                             | 2                         | 2                          | 2                            | 2    | 2    |
| CO2                     | 3                | 1                         | 2                             | 1                         | 2                          | 3                            | 2    | 2    |
| CO3                     | 3                | 1                         | 2                             | 1                         | 2                          | 2                            | 2    | 2    |
| CO4                     | 2                | 2                         | 2                             | 1                         | 2                          | 1                            | 2    | 1    |

| FPB110102 HUMAN PHYSIOLOGY & BIOCHEMISTRY |                  |                           |                               |                           |                            |                              |      |      |
|---|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
| CO  | PO               |                           |                               |                           |                            |                              |      |      |
|   | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1                                       | 3                | 2                         | 1                             | 2                         | 2                          | 2                            | 2    | 2    |
| CO2                                       | 3                | 3                         | 2                             | 1                         | 3                          | 3                            | 2    | 2    |
| CO3                                       | 3                | 1                         | 2                             | 2                         | 3                          | 3                            | 1    | 3    |
| CO4                                       | 2                | 2                         | 2                             | 1                         | 2                          | 1                            | 2    | 1    |

| FPB110103 PSYCHOLOGY & SOCIOLOGY |                  |                           |                               |                           |                            |                              |      |      |
|----------------------------------|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
| CO                               | PO               |                           |                               |                           |                            |                              |      |      |
|                                  | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1                              | 2                | 2                         | 2                             | 2                         | 2                          | 3                            | 2    | 2    |
| CO2                              | 3                | 3                         | 2                             | 1                         | 2                          | 3                            | 2    | 2    |
| CO3                              | 3                | 3                         | 2                             | 1                         | 2                          | 2                            | 2    | 2    |
| CO4                              | 2                | 2                         | 3                             | 1                         | 3                          | 1                            | 3    | 3    |



| FPB110104 EXERCISE THERAPY I & SOFT TISSUE MANIPULATION |                  |                           |                               |                           |                            |                              |      |      |
|---|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
| CO  | PO               |                           |                               |                           |                            |                              |      |      |
|   | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1   | 2                | 2                         | 2                             | 2                         | 2                          | 3                            | 2    | 2    |
| CO2   | 3                | 3                         | 1                             | 1                         | 2                          | 3                            | 2    | 3    |
| CO3   | 3                | 3                         | 2                             | 3                         | 3                          | 3                            | 3    | 3    |
| CO4   | 3                | 3                         | 3                             | 1                         | 2                          | 1                            | 1    | 1    |

| FPB110105 BIOMEDICAL PHYSICS |                  |                           |                               |                           |                            |                              |      |      |
|------------------------------|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
| CO                           | PO               |                           |                               |                           |                            |                              |      |      |
|                              | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1                          | 3                | 2                         | 2                             | 2                         | 2                          | 3                            | 2    | 1    |
| CO2                          | 3                | 3                         | 1                             | 2                         | 2                          | 3                            | 2    | 3    |
| CO3                          | 2                | 2                         | 2                             | 3                         | 3                          | 3                            | 1    | 1    |
| CO4                          | 3                | 3                         | 3                             | 1                         | 3                          | 1                            | 3    | 1    |

| FPB120101 PATHOLOGY & MICROBIOLOGY |                  |                           |                               |                           |                            |                              |      |      |
|------------------------------------|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
| CO                                 | PO               |                           |                               |                           |                            |                              |      |      |
|                                    | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1                                | 3                | 2                         | 2                             | 2                         | 2                          | 3                            | 2    | 2    |
| CO2                                | 3                | 3                         | 1                             | 2                         | 2                          | 3                            | 2    | 3    |
| CO3                                | 2                | 2                         | 2                             | 1                         | 3                          | 3                            | 1    | 1    |
| CO4                                | 3                | 3                         | 3                             | 3                         | 3                          | 1                            | 3    | 1    |





| FPB120102 PHARMACOLOGY |                  |                           |                               |                           |                            |                              |      |      |
|------------------------|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
| CO                     | PO               |                           |                               |                           |                            |                              |      |      |
|                        | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1                    | 2                | 2                         | 2                             | 2                         | 2                          | 2                            | 2    | 2    |
| CO2                    | 3                | 1                         | 1                             | 3                         | 2                          | 2                            | 2    | 3    |
| CO3                    | 3                | 3                         | 1                             | 1                         | 3                          | 1                            | 3    | 1    |
| CO4                    | 3                | 3                         | 3                             | 3                         | 3                          | 1                            | 3    | 3    |

| FPB120103 EXERCISE THERAPY II |                  |                           |                               |                           |                            |                              |      |      |
|-------------------------------|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
| CO                            | PO               |                           |                               |                           |                            |                              |      |      |
|                               | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1                           | 2                | 2                         | 2                             | 2                         | 2                          | 2                            | 2    | 2    |
| CO2                           | 3                | 1                         | 1                             | 2                         | 3                          | 2                            | 2    | 3    |
| CO3                           | 3                | 3                         | 1                             | 1                         | 3                          | 1                            | 3    | 3    |
| CO4                           | 3                | 2                         | 3                             | 3                         | 3                          | 3                            | 3    | 1    |

| FPB120104 KINESIOLOGY |                  |                           |                               |                           |                            |                              |      |      |
|-----------------------|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
| CO                    | PO               |                           |                               |                           |                            |                              |      |      |
|                       | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1                   | 1                | 2                         | 2                             | 2                         | 2                          | 2                            | 2    | 2    |
| CO2                   | 3                | 1                         | 1                             | 3                         | 1                          | 2                            | 2    | 3    |
| CO3                   | 3                | 3                         | 1                             | 1                         | 2                          | 1                            | 3    | 1    |
| CO4                   | 3                | 3                         | 2                             | 3                         | 3                          | 3                            | 3    | 3    |





| FPB120105 PSYCHIATRY |                  |                           |                               |                           |                            |                              |      |      |
|----------------------|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
| CO                   | PO               |                           |                               |                           |                            |                              |      |      |
|                      | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1                  | 3                | 2                         | 2                             | 2                         | 2                          | 2                            | 2    | 2    |
| CO2                  | 3                | 3                         | 1                             | 2                         | 3                          | 2                            | 3    | 2    |
| CO3                  | 2                | 3                         | 2                             | 1                         | 3                          | 1                            | 3    | 3    |
| CO4                  | 3                | 2                         | 2                             | 3                         | 3                          | 3                            | 3    | 3    |

| FPB120106 ELECTROTHERAPY |                  |                           |                               |                           |                            |                              |      |      |
|--------------------------|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
| CO                       | PO               |                           |                               |                           |                            |                              |      |      |
|                          | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1                      | 3                | 2                         | 2                             | 2                         | 2                          | 2                            | 2    | 3    |
| CO2                      | 3                | 1                         | 1                             | 3                         | 2                          | 2                            | 2    | 2    |
| CO3                      | 2                | 3                         | 1                             | 1                         | 3                          | 1                            | 3    | 1    |
| CO4                      | 3                | 3                         | 2                             | 3                         | 3                          | 3                            | 3    | 3    |

| FPB130101 GENERAL MEDICINE, SKIN & VD |                  |                           |                               |                           |                            |                              |      |      |
|---------------------------------------|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
| CO                                    | PO               |                           |                               |                           |                            |                              |      |      |
|                                       | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1                                   | 3                | 2                         | 2                             | 2                         | 2                          | 2                            | 2    | 2    |
| CO2                                   | 2                | 1                         | 1                             | 3                         | 3                          | 2                            | 3    | 2    |
| CO3                                   | 2                | 2                         | 2                             | 1                         | 2                          | 3                            | 2    | 1    |
| CO4                                   | 3                | 3                         | 2                             | 3                         | 3                          | 1                            | 3    | 3    |



**FPB130102 NEUROLOGY & PEDIATRICS**

| CO  | PO               |                           |                               |                           |                            |                              |      |      |
|-----|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
|     | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1 | 3                | 2                         | 2                             | 2                         | 2                          | 2                            | 3    | 2    |
| CO2 | 3                | 1                         | 1                             | 3                         | 3                          | 2                            | 3    | 2    |
| CO3 | 3                | 3                         | 3                             | 1                         | 2                          | 3                            | 2    | 3    |
| CO4 | 3                | 2                         | 3                             | 3                         | 3                          | 1                            | 3    | 3    |

**FPB130103 SURGERY, OBSTETRICS AND GYNECOLOGY**

| CO  | PO               |                           |                               |                           |                            |                              |      |      |
|-----|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
|     | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1 | 3                | 2                         | 2                             | 2                         | 2                          | 2                            | 2    | 2    |
| CO2 | 2                | 1                         | 1                             | 3                         | 2                          | 2                            | 1    | 1    |
| CO3 | 2                | 2                         | 3                             | 1                         | 2                          | 3                            | 3    | 2    |
| CO4 | 2                | 3                         | 2                             | 3                         | 3                          | 3                            | 3    | 3    |

**FPB130104 PHYSICAL & FUNCTIONAL DIAGNOSIS**

| CO  | PO               |                           |                               |                           |                            |                              |      |      |
|-----|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
|     | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1 | 2                | 2                         | 2                             | 2                         | 2                          | 2                            | 2    | 2    |
| CO2 | 2                | 3                         | 1                             | 2                         | 1                          | 2                            | 1    | 1    |
| CO3 | 3                | 3                         | 3                             | 1                         | 3                          | 3                            | 3    | 2    |
| CO4 | 2                | 3                         | 2                             | 3                         | 3                          | 3                            | 3    | 3    |







| FPB130105 ORTHOPEDICS |                  |                           |                               |                           |                            |                              |      |      |
|-----------------------|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
| CO                    | PO               |                           |                               |                           |                            |                              |      |      |
|                       | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1                   | 2                | 2                         | 2                             | 2                         | 1                          | 2                            | 1    | 2    |
| CO2                   | 3                | 3                         | 1                             | 2                         | 2                          | 2                            | 2    | 1    |
| CO3                   | 3                | 2                         | 2                             | 3                         | 3                          | 3                            | 3    | 3    |
| CO4                   | 3                | 3                         | 2                             | 3                         | 3                          | 3                            | 3    | 3    |

| FPB130106 PREVENTIVE & SOCIAL MEDICINE |                  |                           |                               |                           |                            |                              |      |      |
|--|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
| CO                                     | PO               |                           |                               |                           |                            |                              |      |      |
|  | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1                                    | 3                | 3                         | 3                             | 2                         | 1                          | 1                            | 1    | 2    |
| CO2                                    | 2                | 1                         | 2                             | 2                         | 3                          | 2                            | 3    | 3    |
| CO3                                    | 2                | 2                         | 2                             | 3                         | 3                          | 3                            | 3    | 3    |
| CO4                                    | 3                | 2                         | 1                             | 2                         | 3                          | 3                            | 3    | 3    |

| FPB140101 PHYSIOTHERAPY IN NEUROLOGICAL CONDITIONS |                  |                           |                               |                           |                            |                              |      |      |
|--|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
| CO   | PO               |                           |                               |                           |                            |                              |      |      |
|  | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1  | 3                | 3                         | 2                             | 2                         | 1                          | 2                            | 1    | 2    |
| CO2  | 1                | 3                         | 2                             | 2                         | 3                          | 2                            | 2    | 3    |
| CO3  | 2                | 2                         | 2                             | 1                         | 2                          | 3                            | 2    | 1    |
| CO4  | 3                | 2                         | 1                             | 2                         | 3                          | 3                            | 3    | 2    |



| FPB140102 PHYSIOTHERAPY IN MUSCULOSKELETAL CONDITIONS |                  |                           |                               |                           |                            |                              |      |      |
|---|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
| CO  | PO               |                           |                               |                           |                            |                              |      |      |
|   | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1   | 3                | 1                         | 2                             | 1                         | 1                          | 1                            | 1    | 2    |
| CO2   | 3                | 2                         | 2                             | 2                         | 3                          | 2                            | 2    | 1    |
| CO3   | 3                | 3                         | 3                             | 3                         | 2                          | 3                            | 3    | 3    |
| CO4   | 2                | 3                         | 1                             | 3                         | 3                          | 3                            | 3    | 3    |

| FPB140103 PHYSIOTHERAPY IN CARDIO RESPIRATORY & MEDICAL SURGICAL CONDITIONS |                  |                           |                               |                           |                            |                              |      |      |
|---|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
| CO  | PO               |                           |                               |                           |                            |                              |      |      |
|   | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1   | 3                | 1                         | 2                             | 1                         | 1                          | 1                            | 1    | 2    |
| CO2   | 3                | 2                         | 2                             | 2                         | 2                          | 2                            | 2    | 1    |
| CO3   | 3                | 3                         | 3                             | 3                         | 3                          | 3                            | 3    | 3    |
| CO4   | 2                | 3                         | 3                             | 3                         | 3                          | 3                            | 2    | 3    |

| FPB140104 COMMUNITY PHYSIOTHERAPY REHABILITATION AND ASSISTIVE TECHNOLOGIES |                  |                           |                               |                           |                            |                              |      |      |
|---|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
| CO  | PO               |                           |                               |                           |                            |                              |      |      |
|   | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1   | 3                | 1                         | 2                             | 1                         | 3                          | 2                            | 3    | 3    |
| CO2   | 2                | 2                         | 2                             | 2                         | 2                          | 3                            | 3    | 3    |
| CO3   | 2                | 3                         | 3                             | 3                         | 3                          | 3                            | 3    | 1    |
| CO4   | 2                | 3                         | 3                             | 3                         | 3                          | 3                            | 2    | 2    |



**FPB140105 ETHICS AND MANAGEMENT**

| CO  | PO               |                           |                               |                           |                            |                              |      |      |
|-----|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
|     | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1 | 3                | 1                         | 2                             | 1                         | 2                          | 2                            | 1    | 2    |
| CO2 | 3                | 2                         | 3                             | 2                         | 2                          | 1                            | 2    | 3    |
| CO3 | 2                | 3                         | 3                             | 2                         | 1                          | 2                            | 2    | 1    |
| CO4 | 1                | 3                         | 3                             | 3                         | 2                          | 2                            | 3    | 3    |

**FPB140106 BIostatistics & RESEARCH METHODOLOGY**

| CO  | PO               |                           |                               |                           |                            |                              |      |      |
|-----|------------------|---------------------------|-------------------------------|---------------------------|----------------------------|------------------------------|------|------|
|     | PO1<br>KNOWLEDGE | PO2<br>LEARNING<br>SKILLS | PO3<br>PROFESSIONAL<br>ETHICS | PO4<br>ANALYTIC<br>SKILLS | PO5<br>SOCIAL<br>AWARENESS | PO6<br>LIFE LONG<br>LEARNING | PSO1 | PSO2 |
| CO1 | 3                | 1                         | 2                             | 3                         | 2                          | 2                            | 1    | 1    |
| CO2 | 3                | 2                         | 1                             | 3                         | 2                          | 1                            | 2    | 1    |
| CO3 | 2                | 2                         | 2                             | 2                         | 1                          | 3                            | 2    | 2    |
| CO4 | 2                | 3                         | 2                             | 3                         | 2                          | 2                            | 3    | 3    |

